

نافيس
NAFES



Tennis Technical Regulations for Private Clubs

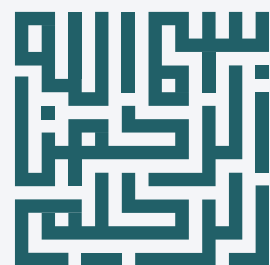




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A/ Technical Requirements





1. Coaches

- 1.1** Male and female coaches must obtain training certificates not less than Level 1, with an experience of at least 5 years; it is also accepted for a coach to have a certificate not less than Level 2 with an experience of not less than two years, approved by the local, continental or international tennis federation.
- 1.2** Male and female coaches must renew their qualifications periodically.
- 1.3** The number of players to be trained by each coach shall be according to the age group and level of the players as follows:
- 18 years and over: - A coach for each 2-4 players.
 - 14 years and over : - A coach for each 4-6 players.
 - 14 years and over : - A coach for each 6-8 players.



1. Coaches

- 1.4** If the number of players exceeds this and playgrounds are available (a playground for every 4 players), an assistant coach must be made available to supervise at the coaching time, provided that he holds Level 1 training certificate at least and enjoys at least 3 years of experience.
- 1.5** A male/female coach must obtain a first aid certificate and submit the relevant supporting documents to the Federation within no more than 3 months from the date of commencement of work in the Kingdom of Saudi Arabia. The certificate shall be renewed every 3 years.





2. Facilities

2.1 Classification of Clubs : Clubs shall be classified according to Table (A).

Playgrounds, whether outdoor or indoor (fully or semi-covered), shall be designed according to the standards adopted by the International Tennis Federation, as shown in the table and diagram (A-B).

2.2 The specifications of playgrounds and equipment must be in accordance with the measurements and standards of age groups shown in Table (C-D).

2.3 Playground floors: They shall be made of the tennis playground materials as follows:

2.3.1 Solid playgrounds

2.3.2 Dirt playgrounds

2.3.3 Grass playgrounds



2. Facilities

- 2.4** Lighting: It shall be designed in accordance with the approved specifications of tennis playground lighting, as shown in Table (E-F).
- 2.5** Networks surrounding the playgrounds: Height shall be 3 meters; quality shall be according to the approved tennis playground specifications; networks shall be covered by windbreaker covers.
- 2.6** Playground fittings: They shall reflect the tennis environment. The following shall be provided:
- 2.6.1** A seat for the referee shall be provided within each playground (designated for tennis playgrounds) during championships and competitions.
 - 2.6.2** Sufficient seats shall be provided within each playground for 4 players (designated for tennis playgrounds).
 - 2.6.3** Umbrellas shall be provided inside and outside playgrounds to protect from the sun.
 - 2.6.4** Water coolers or water vending machines shall be made available near the playgrounds.
 - 2.6.5** Adequate seating places shall be provided for parents and the audience during competitions.



2. Facilities

2.7 Covered playgrounds(indoor or halls- outdoor or partially covered playgrounds) shall be designed according to the following specifications:

2.7.1 Fully covered playgrounds: A covered playground shall contain an air conditioning system as per the number of players and audience to provide a healthy and safe environment. The ceiling height shall be 12 meters in the middle of the playground with 6 meters from the sides according to the specifications approved for covered playgrounds (always visit the STF website for updates).

2.7.2 Partially covered playgrounds: A suitable ventilation system must be installed to provide a healthy and safe environment. The height of ceilings shall be commensurate with the level of players and the training and competition programs; it shall not be less than the specifications of recreational activities for junior age groups. For high-level groups, the ceiling height shall be 12 meters in the middle of the playground and 6 meters from the sides according to the specifications approved for partially covered playgrounds (always visit the STF website for updates).



2. Facilities

2.8 Utilities: As per Table (E).

2.8.1 In the event an academy wishes to offer intensive tennis programs throughout the year, a matter that requires players to be permanently present, classrooms and accommodation can be provided for this purpose.

2.8.2 High performance games and championships must be organized with the STF approval under the supervision of an STF approved referee.









2. Facilities

Table “A”

Clubs can be classified into the following:

- 1) Start-up Clubs 
- 2) Intermediate Clubs 
- 3) Advanced Clubs 

According to the following table:-

M	Requirements	Type of Clubs		
				
1	No. of playgrounds	2-4 playgrounds	4-6 playgrounds	6 playgrounds and more
2	No. of coaches	1-2 coaches	2-3 coaches	3 and more as per the number of playgrounds *

* Average number of coaches to the number of playgrounds and players = a coach for every 2 playgrounds and a coach for every 4 players.

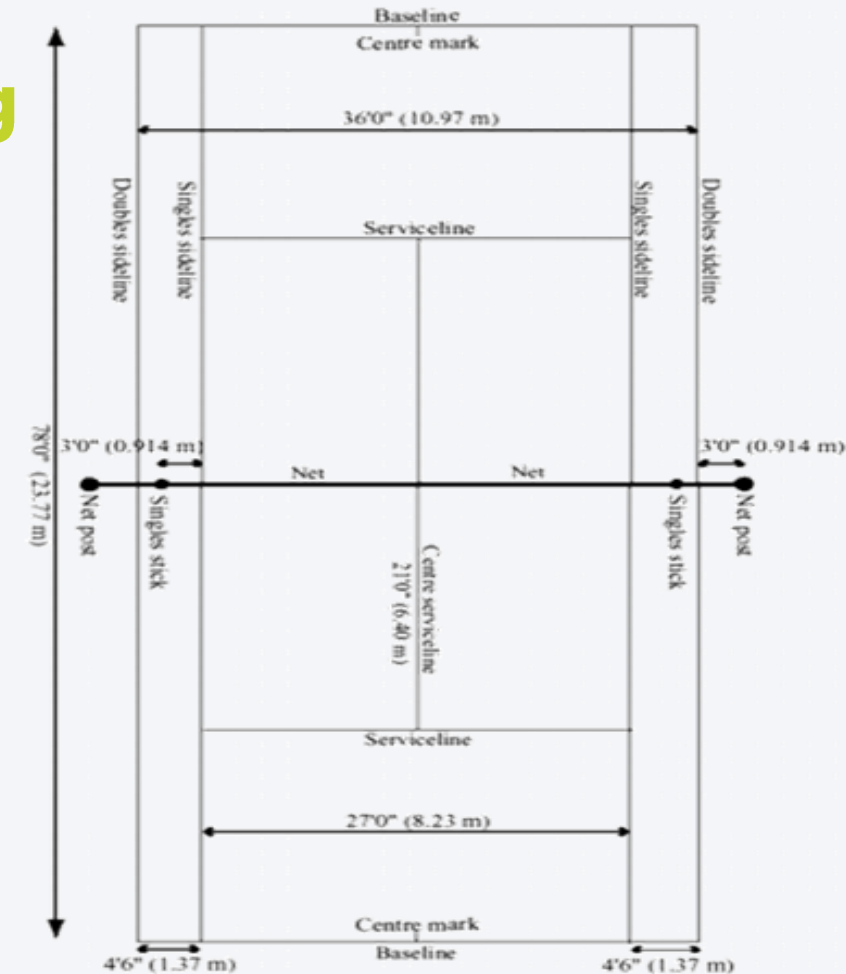
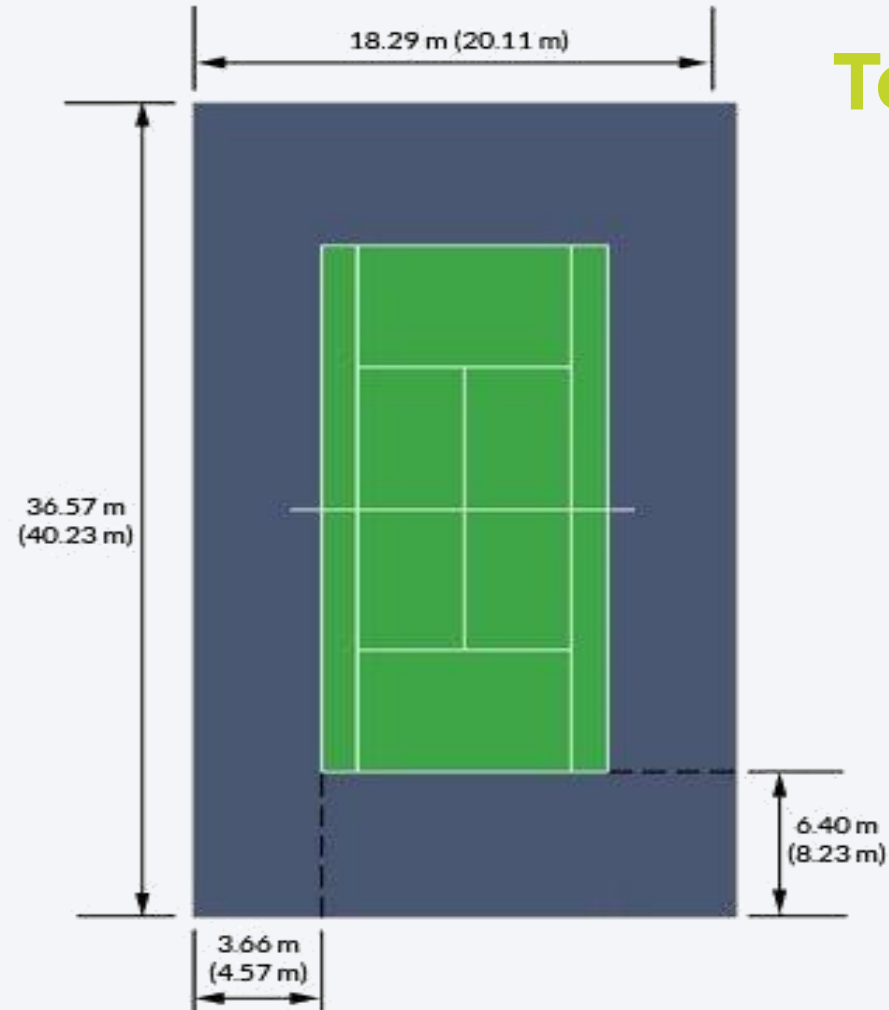
2. Facilities

M	Requirements	Type of Clubs		
		Small	Medium	Large
3	Facilities	Attendance registration system	An administration for the academy	Academy Headquarters & Administration
		Toilets	Attendance registration system	Reception
		Restroom for players	Toilets	Toilets
		Food and beverage points of sale	Restroom for players	Shower & Dressing rooms
			Cafeteria or restaurant	Restroom for players
			Providing points of sale of tennis equipment	Cafeteria or restaurant
				Gym equipped with a specialist
				Equipment storage & fixing rackets
				physical therapy & sports medicine
				Classrooms
				Accommodation
				Place of prayer



Appendix A

Tennis Court Planning



Note: All court measurements shall be made to the outside of the lines.



Appendix B






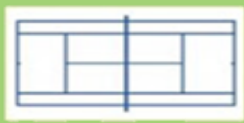
Tennis Court Sizes

Dimensions	International	International	Recreational
Length	40.23 m	36.57 m	34.75 m
Width	20.11 m	18.29 m	17.07 m
Distance behind the baseline	8.23 m	6.40 m	5.49 m
Distance to the playground side	4.57 m	3.66 m	3.05 m



Appendix C

Court Sizes for Different Age Groups

Stage	Red	Orange	Green
Age	8 Years & under	8 – 9 Years	10 Years
Ball	 Moving slowly less than the orange ball	 Moving slowly less than the green ball	 Moving backward relatively less than the yellow ball
Court Size	 36' x 18'	 Singles 60x21 Doubles 60x27	 Singles 78x27 Doubles 78x36
Net Height	Middle 2,9	Middle 3 Sides 3,6	Middle 3 Sides 3,6
Racket	حتى 23	23" – 25"	25" – 27"



Appendix D

Approved specifications of Tennis Court lighting

Type of lamps	Initial consumption In kilowatts	Efficiency fo lamps lm/w	Features	Disadvantages
Halide	400 - 2000	60 - 100	White light has an efficient performance lasting for a long period of time	The replacement cost is high all the time to reach full strength (10-15 minutes)
High pressure sodium	250 – 1000	-130 90	Extremely high efficiency - low cost operation - long life	The display color is poor all the time to reach full strength (10-15 minutes)



Appendix E

Court lighting specifications

	Horizontal lighting	Unification of lighting	Brightnes s (Glow)	Temperature Color of lamp	Lamp performance
	(Lux) medium Eh	Emin/Eh ave	GR	(K)	Ra
Class I	> 500 *	> 0.7	< 50	< 4000	> 80
Class II	> 300 *	> 0.7	< 50	< 4000	> 65
Class III	> 200 *	> 0.6	< 55	< 2000	> 20
	Fluorescent	60 – 55	100-60	It provides good color and low glow. It is suitable for use with time periods	It is ineffective at low temperatures. It requires enabling light to propagate in the correct direction. It makes players distracted
	Halogen tungsten	500 -2000	25-20	It provides good color with low initial cost. It is suitable for use with time periods relatively small	It has a short life with low efficiency, high maintenance and operating costs



3. Equipment

3.1 Use tools that help develop tennis skills and movement and physical performance of players, such as:

1. Ball Machine
2. Ball Hopper
3. Supporting tools in training sessions such as Tennis Ladder - Cones
4. Rackets (they vary as per age groups) shown in Table (C)
5. Balls (as per different age groups) as shown in Table C)
6. Mobile nets suitable for different age groups.
7. Net strap
8. Scoreboard
9. Waste basket in every playground.
10. Fixed or movable umbrellas to protect from the sun while players are relaxing.





4. Safety

- 4.1** For admission of male/female players, clubs require the submittal of a medical examination establishing that he/she is medically fit.
- 4.2** Fire alarm system (according to civil defence requirements).
- 4.3** Compliance with the security and safety requirements in terms of safety spaces for each group, equipment and emergency exits.
- 4.4** Compliance with the use of suitable balls for different age groups in a manner that does not cause injuries or physical stress.
- 4.5** Compliance with safe and approved flooring specifications of physical activity.
- 4.6** Facilities must be free of any sharp or hard materials or equipment close to the playgrounds.
- 4.7** A first aid kit must be provided in proportion to the number of players.
- 4.8** All immovable and movable objects near the playgrounds must be removed.
- 4.9** An instruction board must be provided for the practice and procedures of safe evacuation and protocols for handling emergencies and crises.
- 4.10** A facility must comply with the approved health protocols and regulations.



4. Safety

- 4.11** The STF shall have the right to conduct periodic visits to verify the safety of playgrounds and facilities as well as the security and safety procedures.
- 4.12** Compliance with safe playing times and preventing playing under the sun or under bad weather conditions, weather fluctuations and geological conditions.
- 4.13** The number of daily and weekly hours must be commensurate with the physical abilities of different age groups.
- 4.14** The maintenance of the facility and safety devices must be carried out periodically or in the event of any damage to ensure the facility remains safe.
- 4.15** Detection and fire extinguishing equipment must be provided in apparent places inside the facilities pursuant to the standards applied by the authority concerned with public security "civil defense".





4. Safety

4.16 Upon acceptance of the player, the player is required to submit a medical examination stating that the participant is medically fit and the club is held the full responsibility for that.

- To obtain it, please fill out the following form (player form): <http://sfsm.org.sa/mos20>
- Then fill in the following form (hospital / clinic form): <http://sfsm.org.sa/mos10>

4.17 Having a certified physiotherapist for the team or a valid contract with a clinic from the Saudi Federation for Health Specialties. In the event that a specialist is available but not accredited, one can apply for accreditation by filling out the following form by the Saudi Federation for Sports Medicine (SFSM) <http://sfsm.org.sa/mos30>

****** If needed, SFSM provides a list of physiotherapists. To request, please click on: <http://sfsm.org.sa/mos40>

4.18 First Aid - Provide first aid kit with adequate equipment as it's stipulated here <http://sfsm.org.sa/mos70> as per SFSM's minimum standards, and to have an ambulance car during games & tournaments (if available).

****** For your convenience, we have prepared a ready-made first aid kit, to obtain it please click on the below: <http://sfsm.org.sa/nafes/>

- ✓ **Small Bag:** SAR 12,650 (up to 50 persons)
- ✓ **Large bag:** SAR 14,375 (up to 100 persons)

4.19 Fire alarm system according to the requirements of the Civil Defense



5. Competitions

- 5.1** Hosting or officially participating in local, continental and international competitions after obtaining license and registration.
- 5.2** Complying with the administrative and technical requirements and competition regulations for the sports season, according to the updates issued by the STF annually.
- 5.3** The hosting of any local, continental or international tournaments must be approved by the STF according to the annually-updated standards.
- 5.4** Hosting shall be limited to academies and clubs based on achieving the standards of playgrounds and equipment. Participation shall be available to all.
- 5.5** The STF approval must be taken before organizing any internal tournaments held inside the facility or with the participation of other organizations or entities.
- 5.6** All male and female players participating in national and local tournaments must be registered in the STF system.
- 5.7** The international standards for age group competition must be complied with as indicated in the age group classification. The lower and higher groups can be combined in a single group.
- 5.8** First aid-qualified persons approved by official Saudi authorities must be provided during holding the internal competitions.



5. Competitions

- 5.9** Any classification or open internal and local championships must be announced 30 working days in advance via all official media.
- 5.10** It is strictly forbidden to distribute any cash prizes to those under 18 years of age pursuant to the law of the International Tennis Federation and the regulations promulgated in this regard.
- 5.11** Game results must be sent to the STF within 4 working days for classifying players.
- 5.12** The Saudi Arabian Olympic Committee and Federations issues the conditions and instructions regulating the internal and external participations, whether in training camps, tournaments or competitions, and circulates them to the sports federations to work in accordance with them.



B/ Administrative Requirements





6. Membership

6.1 Membership terms and conditions shall apply according to the STF Statutes.

6.2 A member club shall comply with the rights and duties set out in the STF Articles of Association.

6.3 Club membership and player membership must be annually renewed to participate in local tournaments.

6.4 Club members shall undertake to participate in foreign international tournaments hosted according to the ITF law.





7. Fees

Membership fees	SR 2000
Visit fees to verify the requirements	SR 2500
Player fees	SR 100 for each player





8. Violations & Penalties

The STF is responsible for monitoring the actual performance and applying the standards and conditions of tennis activities.

	Violation	Penalties		
		First time	Second time	Third time
	Violation governance standards			
1	Breaching the licensing requirements	Written undertaking and a fine of SR 2000	Written undertaking and a fine of SR 5,000	Cancellation of club license
2	Breaching the registration requirements	Written undertaking and a fine of SR 500	Written undertaking and a fine of SR 2500	Written undertaking and a fine of SR 5,000
3	Breaching the technical conditions	Written undertaking and a fine of SR 1000	Written undertaking and a fine of SR 5,000	Written undertaking and a fine of SR 5,000
4	Breaching the qualification of coaches	Written undertaking and a fine of SR 500	Written undertaking and a fine of SR 5,000	Cancellation of academy license
5	Organizing unlicensed events and championships	Written undertaking and a fine of SR 1000	Written undertaking and a fine of SR 5,000	Written undertaking and a fine of SR 5,000



8. Violations & Penalties

	Violation	Penalties		
		First time	Second time	Third time
	Violation governance standards			
6	Playground readiness and maintenance	Written undertaking and a fine of SR 1000	Written undertaking and a fine of SR 5,000	Written undertaking and a fine of SR 5,000
7	Damaging to the game reputation	Written undertaking and a fine of SR 1000	Written undertaking and a fine of SR 5,000	Cancellation of club license
8	Physical and verbal penalties	Written undertaking and a fine of SR 500	Written undertaking and a fine of SR 2500	Written undertaking and a fine of SR 5,000
9	Financial rewards for those less than 18 years	Written undertaking and a fine of SR 1000	Written undertaking and a fine of SR 5,000	Cancellation of club license
10	Violation of tournament and competition laws	A fine of SR 500	A fine of SR 2500	A fine of SR 5000
11	Violation of tournament and competition laws	A fine of SR 500	A fine of SR 2500	A fine of SR 5000
12	Non-compliance with national and international instructions	A fine of SR 500	Written undertaking and a fine of SR 2500	Written undertaking and a fine of SR 5,000

THANK YOU