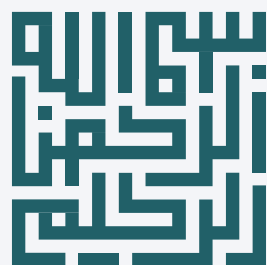




## Technical Policies & Regulations for Private Clubs



A	Technical Requirement
1	Coaches
2	Facilities
3	Equipment
4	Safety
5	Competitions

B	Administrative Requirement
6	Membership
7	Fees
8	Violations & Penalties

## A/ Technical Requirements



## 1. Coaches

- 1.1 Should be with a minimum age of 21.
- 1.2 Should be certified as a national coach by the Saudi Muaythai Federation according to the educational program presented by SMF or
- 1.3 OR Should be certified from the Leadership Development Institute (LDI) program in cooperation with SMF.
- 1.4 OR Should be certified by IFMA (International Federation of Muaythai Associations) with Khan level 10 and above.
- 1.5 Should attend the annual workshops organized by SMF to maintain their certificates.
- 1.6 Should have at least three years of experience in coaching as an assistant coach before applying to become an independent coach.
- 1.7 Should provide a medical certificate for their eligibility to work as a sports coach, confirming they have no severe health problems.
- 1.8 Should present all the documents to the federation for review and approval.

## 2. Facilities

- 2.1 The minimum floor size must be 60 m<sup>2</sup>.
- 2.2 All floors should be covered with rubber mats with a minimum thickness of 2.5 cm.
- 2.3 All edges in the flooring or walls should be covered with rubber for safety.
- 2.4 If the training area has no windows, a healthy ventilation system is required to maintain fresh air and avoid humidity.
- 2.5 Separate toilets and showers should be equipped, one for males and one for females.
- 2.6 Two changing rooms are required, one for females and one for males.
- 2.7 A shoe locker should be provided.

# Appendix A



## 3. Equipment

- 3.1 A minimum of two boxing bags, each 180 cm in length.
- 3.2 A minimum of two boxing bags with different dimensions (e.g., Tear Drop, Uppercut).
- 3.3 A minimum of 2 pairs of Thai pads.
- 3.4 A minimum of 2 pairs of focus mitts.
- 3.5 A minimum of four head guards for sparring (two colors, two sizes) to use during sparring.
- 3.6 A minimum of body guards for sparring (two colors, two sizes) to use during sparring.
- 3.7 Mirrors around the training area for shadow boxing.
- 3.8 The recommended size of the training ring should be between 4m x 4m and 7m x 7m.
- 3.9 Additional strength and conditioning equipment is recommended (e.g., medicine balls, weights, rubber bands).



## 4. Safety

**4.1** Upon acceptance of the athlete, the athlete is required to submit a medical examination stating that the participant is medically fit, and the club is held fully responsible for that.

- To obtain it, please fill out the following form (player form): <http://sfsm.org.sa/mos20>
- Then fill in the following form (hospital/clinic form): <http://sfsm.org.sa/mos10>

**4.2** Having a certified physiotherapist for the team or a valid contract with a clinic from the Saudi Federation for Health Specialties. In the event that a specialist is available but not accredited, one can apply for accreditation by filling out the following form from the Saudi Federation for Sports Medicine (SFSM): <http://sfsm.org.sa/mos30>

**\*\*** If needed, SFSM provides a list of physiotherapists. To request, please click on: <http://sfsm.org.sa/mos40>

**4.3 First Aid** - Provide a first aid kit with adequate equipment as stipulated here: <http://sfsm.org.sa/mos70> as per SFSM's minimum standards, and have an ambulance car during games & tournaments (if available).

**\*\*** For your convenience, we have prepared a ready-made first aid kit. To obtain it, please click on the link below: <http://sfsm.org.sa/nafes/>

**Small Bag:** SAR 12,650 (up to 50 persons)

**Large bag:** SAR 14,375 (up to 100 persons)

**4.4 Fire alarm system according to the requirements of the Civil Defense.**

## 4. Safety

- 4.1 Approval from civil defense and municipality must be obtained, stating that the facility is suitable for training.
- 4.2 Smoking is prohibited.
- 4.3 Training sessions should only be conducted in the presence of the coach.
- 4.4 Equipment should be checked annually to ensure they are in good condition and to avoid injuries to the athletes.
- 4.5 Surveillance cameras should be installed at the entrance and reception area.

## 5. Competitions

**5.1** The Saudi Arabian Olympic Committee and Federations issue the conditions and instructions regulating internal and external participations, whether in training camps, tournaments, or competitions, and circulate them to the sports federations to work in accordance with them.

**5.2** The Saudi Muaythai Federation uses a certified platform where all events are managed through registration, scoring, and results.

**5.3** Participants should provide the following forms when they participate in any national or international event:

- The Medical Form
- Consent Form
- Laboratory Tests (for athletes older than 15 years old)

## B/ Administrative Requirements



## 6. Membership

Any affiliation decision should be approved by the board members of the Saudi Muaythai Federation after submitting the following documents:

- 6.1** A letter from the club president addressed to the president of the SMF to acknowledge compliance with the federation rules and regulations.
- 6.2** Receipt of the application fees (S.R.) transferred to the SMF account.
- 6.3** A clear plan with the drawings of the club, including the dimensions, the facility, and the equipment installed.
- 6.4** List of the equipment.
- 6.5** A certificate from the municipality stating that the club is suitable for investment as a Muaythai sports club.
- 6.6** A certificate from the civil defense stating that the club is suitable for investment as a Muaythai sports club.
- 6.7** Certifications of the coaches along with their contracts.
- 6.8** The SMF Board will make a decision within 30 days and notify the applicant of the result.
- 6.9** A copy of the decision will be sent to the Ministry of Sports and the Olympic Committee.

## 6. Membership

**6.10** The applicant is considered a full member the moment the application is approved by the SMF board members.

**6.11** If the federation does not notify the applicant within 30 days, the applicant shall contact the federation officially via email. If the federation does not reply to the applicant within three working days, the applicant has the right to appeal to the Olympic Committee.

**6.12** If the application is rejected, the reason must be justified.

**6.13** The applicant has the right to appeal within 15 days from the day of notification to the Olympic Committee, and the decision shall be final.

## 7. Fees

**7.1** After the application is approved, all member clubs should pay the annual membership fee (S.R.) directly after their application is approved.

**7.2** The membership is renewed yearly and must be paid during January.

### *Participants Memberships*

**7.3** Participants' memberships are divided into three categories and should be renewed every 12 months:

a) Youth Athlete Membership

Ages between 5 – 18.

Fees:

b) Adults Athlete Membership

Ages between 18 – 40.

Fees:

c) Official Membership ( Judge, Referee, Coach, Coach Assistant, ..)

	Annual membership fees	Amount Penalty
1	Category A	1000SR
2	Category B	2000SR
3	Category C	3000SR

## 8. Violations & Penalties

**8.1** If there is a violation, a warning will be issued to the facility.

**8.2** The violation by the other party must be dealt with within a week from the date of the incident.

**8.3** If the violation is not addressed within the specified period, a financial fine will be imposed.

**8.4** If the same violation is repeated, the financial penalty will be doubled.

**8.5** If the first violation is repeated, the violator will be given a period of one week to correct it. If the correction is not made within a week, the federation will suspend the coach and ban them from practicing for a month. After a joint review, the fine will be doubled, tripled, and a pledge will be signed.

**8.6** Membership will be cancelled in the following cases:

- In the act of deception
- In the event of non-delivery and payment



## 8. Violations & Penalties

	Description	Amount Penalty
1	Failure to comply with the trainer's standards	5000SR
2	Failure to comply with safety standards	10,000SR
3	Failure to wear appropriate clothing for exercises	1000SR
4	Lack of sports equipment	2000SR

**THANK YOU**