

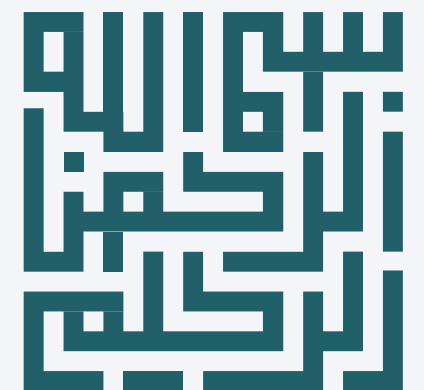


Saudi  
Arabian  
Rugby  
Federation  
الاتحاد السعودي للرقبي

## Rugby Technical Regulations for Private Clubs



Saudi  
Arabian  
Rugby  
Federation  
الاتحاد السعودي للرقبي



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# A/ Technical Requirements







## 1. Coaches

- Coaches must obtain Rugby level training certificates to be approved by the Saudi Arabian Rugby Federation for all grades and provide the federation with a copy thereof.
- The male and female coaches or any of the club's staff must have a FAIR certificate or obtain it during the first three months after contracting with the club and providing the federation with an enclosed copy.
  - The coach may obtain the FAIR certificate from the World rugby by attending Saudi Rugby federation FAIR courses
- One coach shall be designated for every 15 players. If there are more than 15 players, an assistant coach must be assigned.
- Provide the Federation with a certificate of good conduct from his previous company or criminal record certificate clearance from gov.sa

SARF Course Recommendations								
Course	WR L1 15's	WR L1 MO	Medical L1 FAIR	WR L1 S&C	WR L1 C7s	WR L2 C7s	WR L2 C15's	WR LIM
All Mini & Youth Coaches	<b>Mandatory or equivalent</b>			✓	✓	-	-	-
Head Coach (Senior)				✓	✓	✓	✓	-
Club Managers	-	-	-	-	-	-	-	✓

## 2.1 The ground

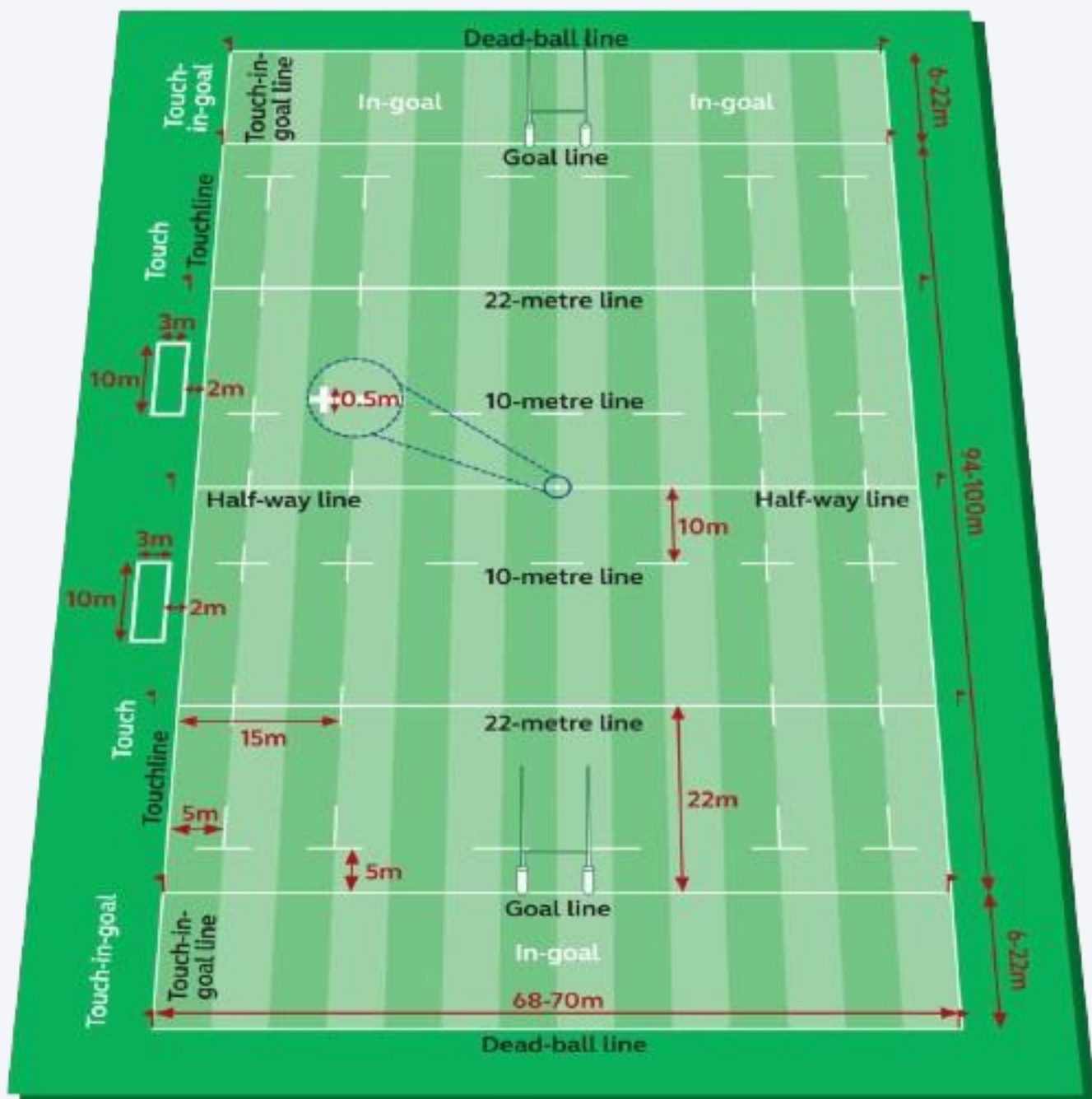
- The playing surface must be safe. The permitted surface types are grass, sand, clay or artificial turf (conforming to World Rugby Regulation 22)
- The dimensions of the playing area are shown in the ground diagram. Appendix A

Field Requirements			
Dimensions	Field of Play Length	In-goal Length	Width
Maximum (metres)	100	22	70
Minimum (metres)	94	6	68

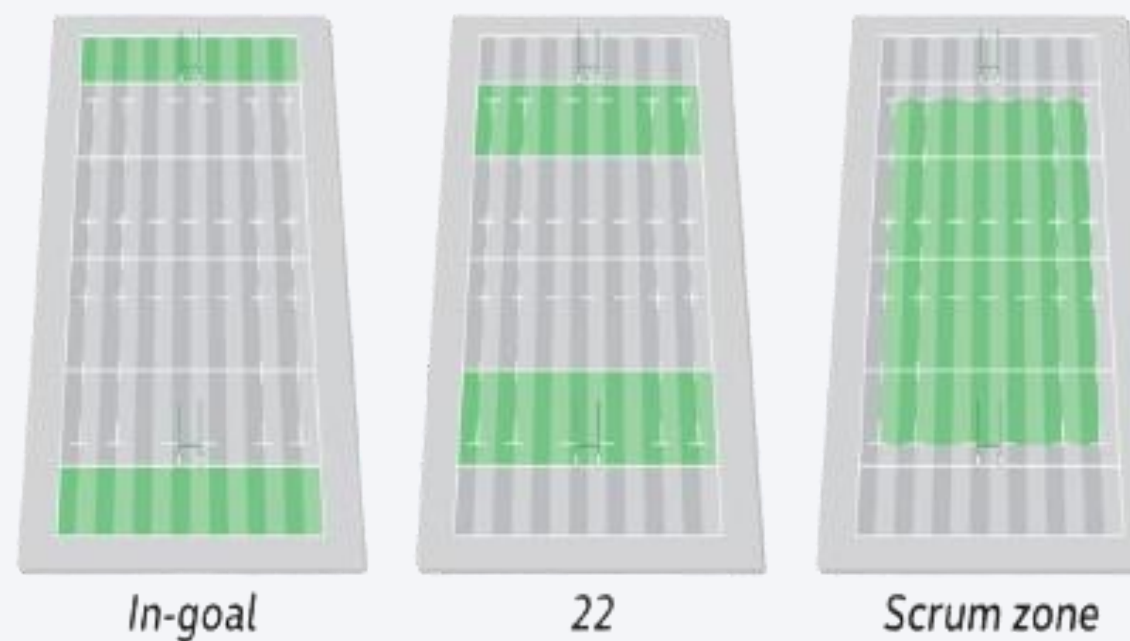
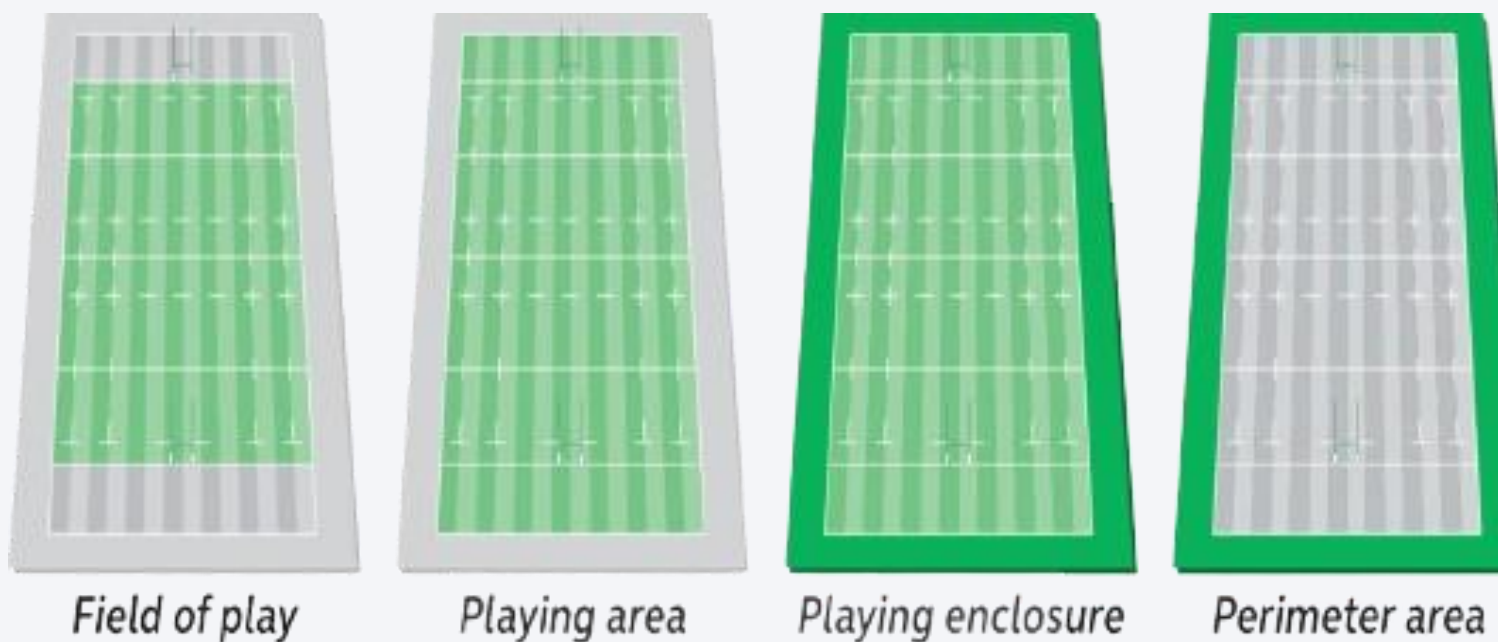
- The playing area has to be rectangular in shape.
- Any variations to these dimensions must be approved by Saudi Arabian Rugby Federation for domestic competitions.
- If the length of the field of play is less than 100 metres, the distance between the 10-metre lines and 22-metre lines is reduced accordingly.
- If the width of the playing area is less than 70 metres, the distance between the 15-metre lines is reduced accordingly.
- The perimeter area should not be less than five metres wide where practicable. Appendix B



## Appendix A



## Appendix B







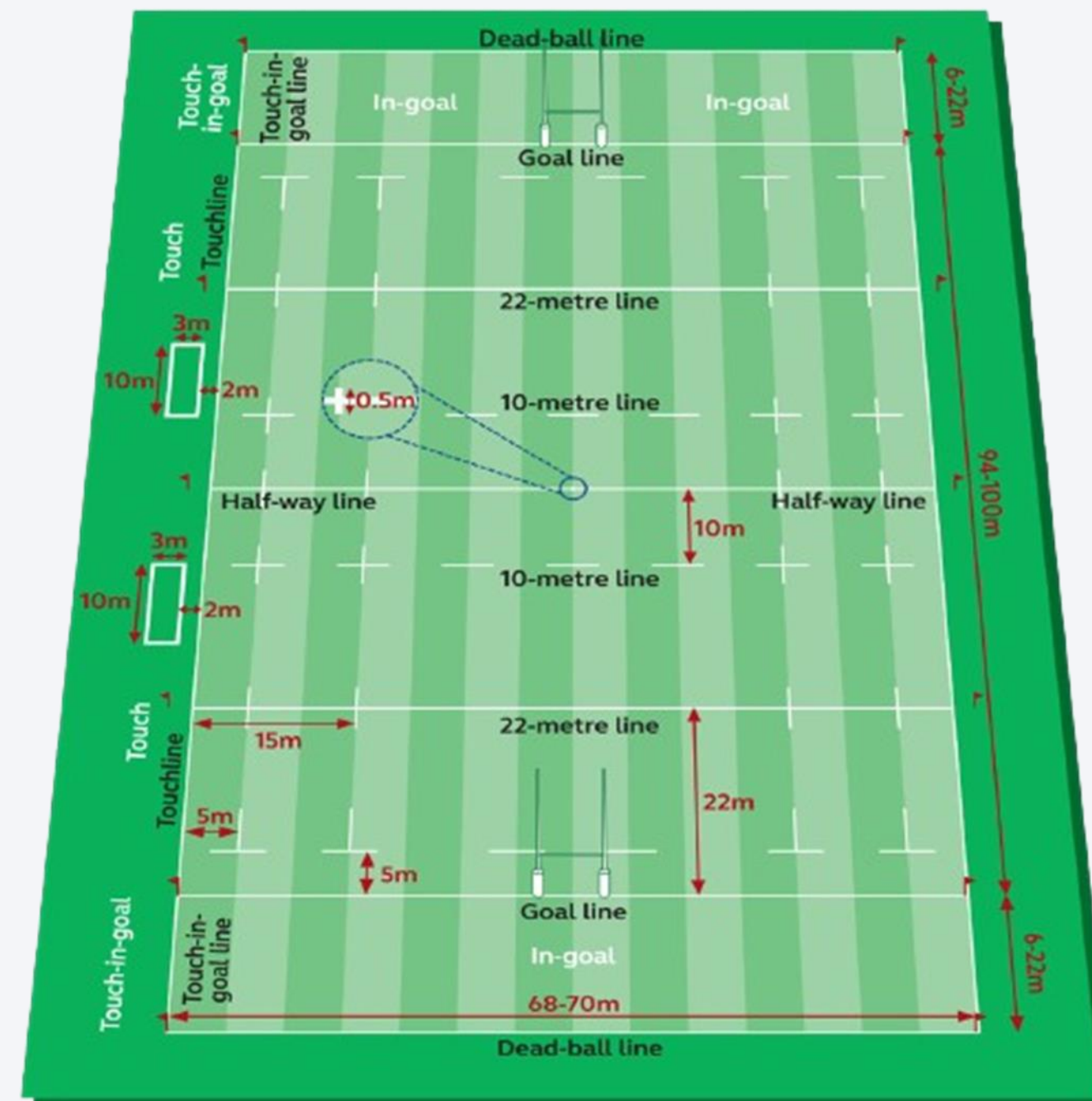
## 2.2 Lines

### ➤ Solid lines configuration as shown in the ground diagram:

- The dead-ball lines and touch-in-goal lines.
- The goal lines.
- The 22-metre lines.
- The half-way line.
- The touchlines.
- There is one line 0.5 metres long that intersects the centre of the half-way line

### ➤ Dash lines configuration as shown in the ground diagram:

- 5 meters from, and parallel to each touchline.
- 15 meters from, and parallel to each touchline.
- 10 meters from, and parallel to each side of the half-way line.
- 5 meters from, and parallel to each goal line.







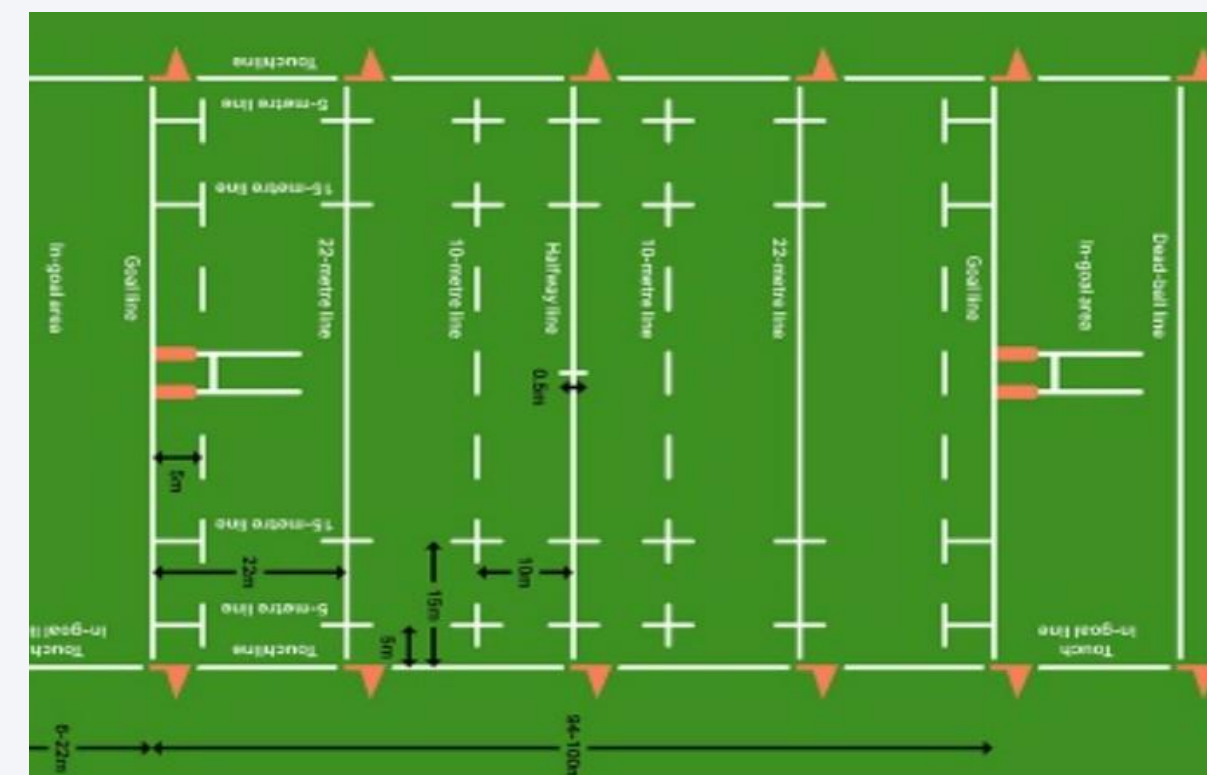
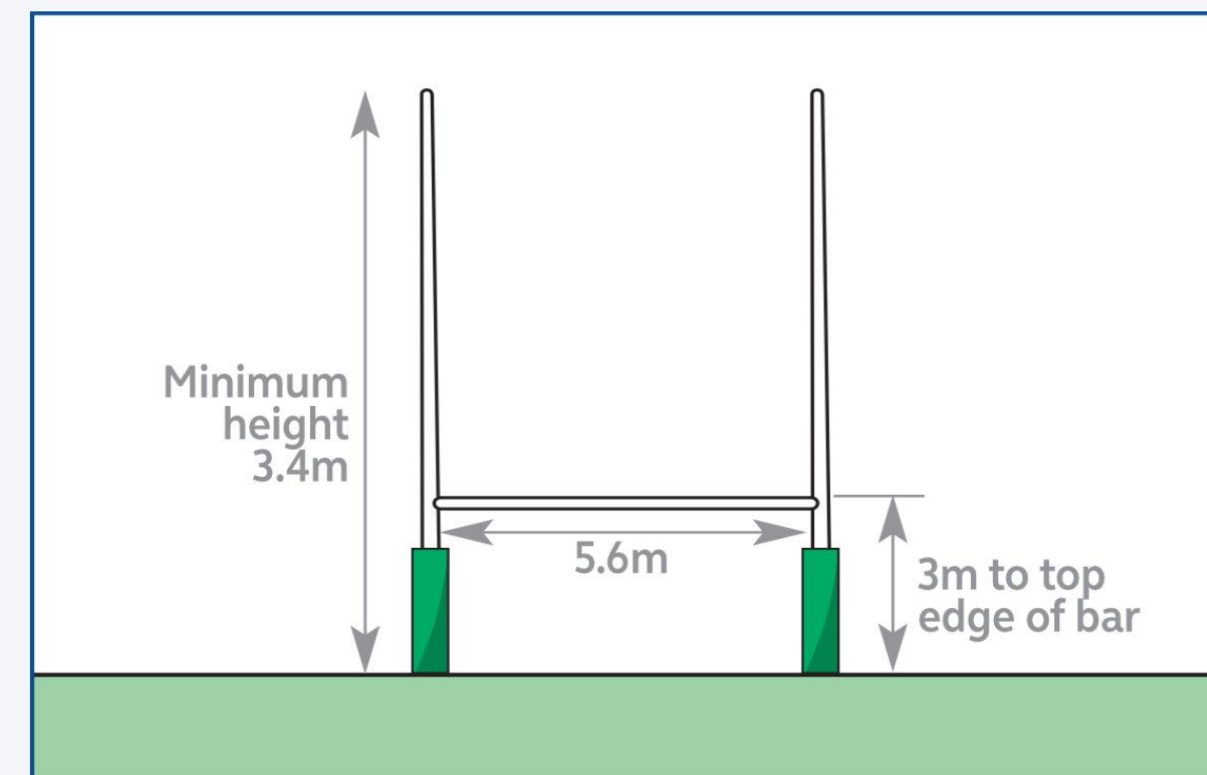
## 2.3 Goal & Flag posts

### ➤ Goal posts and crossbar

- When padding is attached to the goal posts the distance from the goal line to the external edge of the padding must not exceed 0.3 meters.

### ➤ Flag posts

- There are 14 flag posts with flags, each with a minimum height of 1.2 meters.
- One flag post is positioned at each intersection of the touch-in-goal lines and the goal lines
- One flag at each intersection of the touch-in-goal lines and the dead-ball lines
- One flag post is positioned in line with both 22-metre lines on each side of the pitch
- One flag in line with the half-way line on each side of the pitch
- Flags should be positioned two meters outside the touchlines and within the playing enclosure.

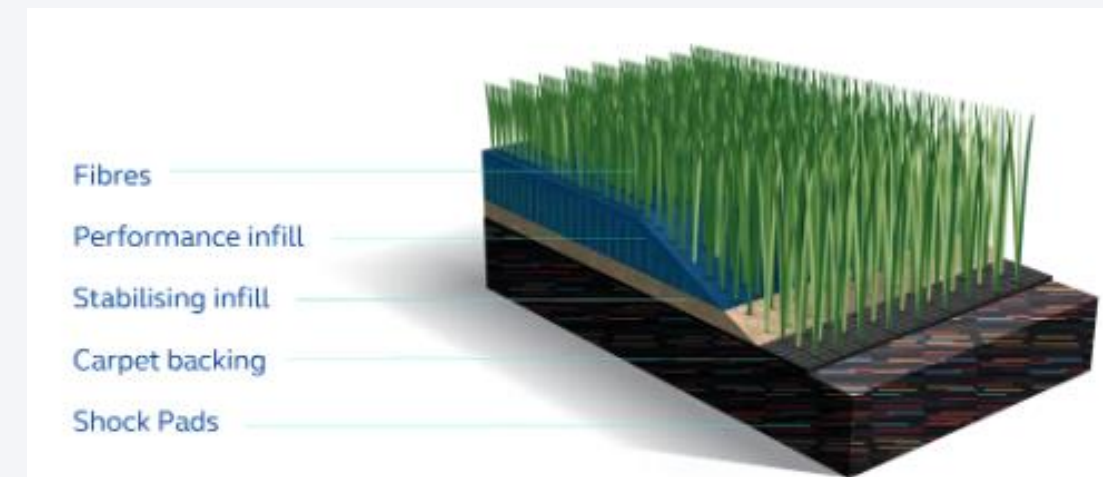




## 2.4 Artificial Grass Pitch

### ➤ Rugby Turf

- World Rugby in 2003 Introduced Rugby Turf to ensure that 3G surfaces replicate the playing qualities of good quality natural grass. More commonly known as WR “Regulation 22” <https://www.world.rugby/organisation/governance/regulations/reg-22> .
- The aim is to ensure safety during full-contact activities, including tackling, rucking, mauling, scrummaging, and lineouts



### ➤ Artificial Grass Pitch Testing

- For player welfare, health and safety, and insurance reasons, all artificial grass pitches that host 'contact' rugby must be tested upon installation and then retested every two years.
- The testing must be performed by a World Rugby accredited test house..

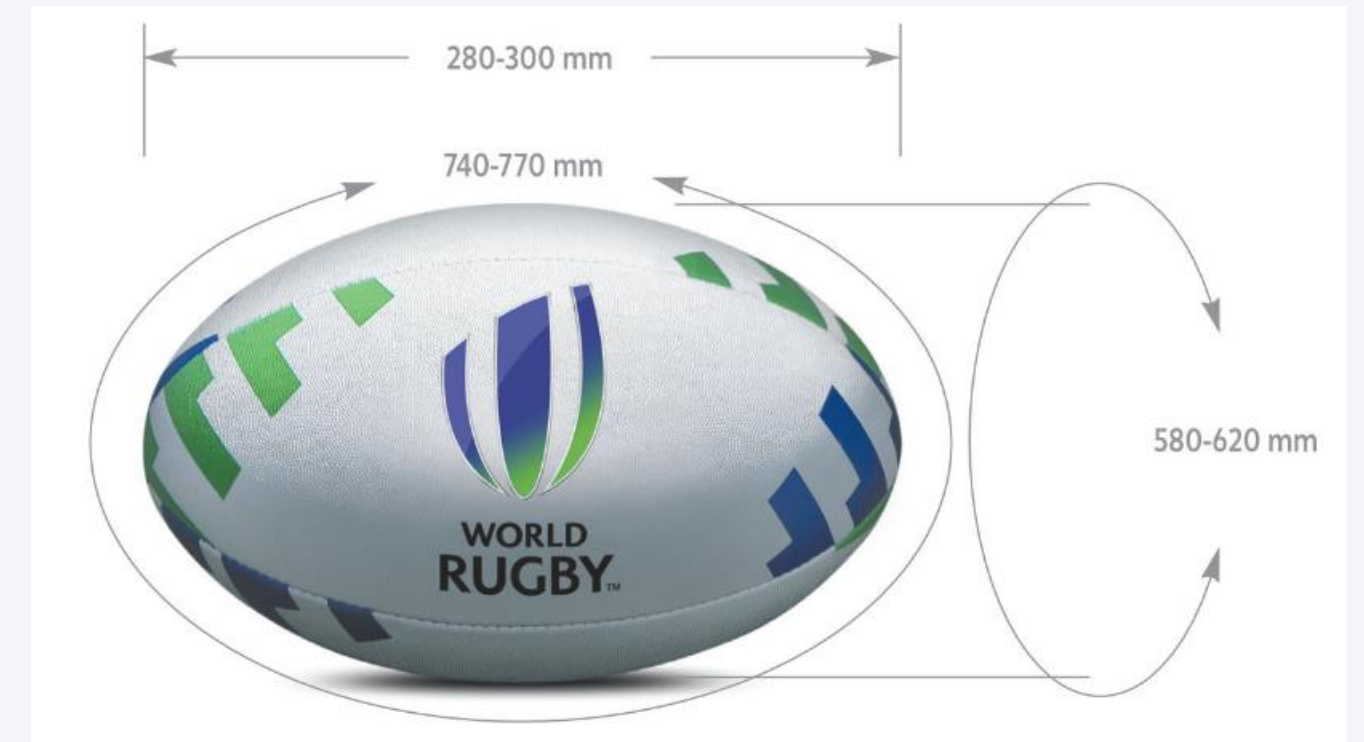
Component	Characteristic	Test Method	Permitted variance from manufacturer's declaration	Testing applies to		
				Product	Initial	Retest
Rugby Turf	Colour	EN ISO 20105-A02	As declared	X	X	
	Mass per unit area	ISO 8543	≤ ± 10%	X	X	
	Tufts per unit area	ISO 1763	≤ ± 10%	X	X	
	Tuft withdrawal force	ISO 4919		X	X	
	Tuft withdrawal force post immersion in hot water	EN 13744 & ISO4919	≥ 40N	X		
	Pile Height	ISO 2549	≤ ± 5%	X	X	X
Yarn (per yarn)	Pile Weight	ISO 8543	≤ ± 10%	X	X	
	Pile Yarn Characteristic#	DSC – ISO 11357-3	≤ ± 3°C (for all peaks)	X	X	
	Pile Thickness <sup>1</sup>	FIFA Method	≤ ± 10%	X	X	
	Dtex <sup>2</sup>	See Section 8.2	≤ ± 10%	X	X	
Performance Infill (if supplied as part of the system)	Shape	FIFA Method	>90% for all dimensions	X	X	
	Layer thickness	EN1969	≤ ± 15%	X	X	X
	Particle Size	EN 933 – Part 1	± 1 Sieve Size	X	X	X
	Particle Shape	EN 14955	Similar Shape	X	X	X
Stabilising Infill (if supplied as part of the system)	Bulk Density	EN 1097-3	≤ ± 15%	X	X	
	Composition (% Organic)	TGA	≤ ± 10%	X	X	
	Layer thickness	EN1969	≤ ± 15%	X	X	
	Particle Size	EN 933 – Part 1	± 1 Sieve Size	X	X	
Shock Pads / E-layers (if supplied as part of the system)	Particle Shape	EN 14955	Similar Shape	X	X	
	Bulk Density	EN 1097-3	≤ ± 15%	X	X	
	Thickness	EN 1969	≥ 90%	X	X	
	Shock Absorption	AAA - FIFA Method	≤ 5% of the Absolute Force Reduction value	X	X	
Unbound sub-bases (if tested as part of the system)	Vertical Deformation		≤ 2mm from declared value	X	X	
	Mass per unit area	ISO 8543	≤ ± 10% from declared value	X		
	Vertical Deformation		≤ ± 10% from declared value	X	X	
	Composition		Same Composition	X	X	
	Particle Size Range	EN 933 – Part 1	≤ ± 20%	X	X	
	Particle Shape	EN 14955	Similar Shape	X	X	

Identification Test Requirements



## 3.1 Match and practice balls

- There should be a minimum of 10 Rugby balls.
- The ball is oval and made of four panels. It weighs 410-460 grams.
- Its air pressure at the start of play is 65.71-68.75 kilopascals, 0.67-0.70 kilograms per square centimetre or 9.5-10.0 pounds per square inch.
- Smaller balls with deferent sizes may be used for matches between young players.
- The ball is made of leather or a suitable synthetic material.
- It may be treated to make it water resistant and easier to grip.



Rugby Ball Dimensions

### SARF Minis and Youth Law Variations

	Tag Rugby U5-U7	U9/Year 4	U10/Year 5	U11/Year 6	U12/Year 7	U13 & U14	U15 & U16	U17, U18, U19
Field Size	Max 25m x 35m	Max 35m x 60m	Max 35m x 60m	Max 40m x 70m	Max 60m x 90m	Max 70m x 100m	Max 70m x 100m	Max 70m x 100m
Ball Size	Size 2 or 3	Size 3	Size 3	Size 4	Size 4	Size 4	Size 5	Size 5
Team Size	7 players	7 players (3 Scrum + 4 Line)	10 players (3,2 Scrum + 5 line)	12 players (3,2,1 Scrum + 6 Line)	15 players (8 Scrum + 7 Line)	15 players (8 Scrum + 7 Line)	15 players (8 Scrum + 7 Line)	15 players (8 Scrum + 7 Line)
Substitutions	Rolling from a squad of 12	Rolling from a squad of 12	Rolling from a squad of 15	Rolling from a squad of 18	Rolling from a squad of 22	Rolling from a squad of 22	Rolling from a squad of 22	Rolling from a squad of 22





## 3.2 Player Personal Equipment

### ➤ Mouth guards

- It is strongly recommended that all players wear a mouth guard during practice sessions and matches to protect against dental and oral injuries.

### ➤ Footwear

- Players' boots should be in good condition, and the cleats/studs should be appropriate for the weather conditions to ensure optimal performance and safety.

### ➤ Head guards

- Head guards can help prevent soft tissue damage to the head.
- Please note there is no evidence that headgear prevents concussions.

### ➤ Padded Equipment

- Research shows that padded equipment can help reduce the number of cuts and injuries a player can sustain.
- For all matches, padding must comply with the laws of the game and World Rugby (WR) regulations.





## 4.1 Safety Rules and Regulations

- The facility must comply with health regulations and protocols established by the Ministry of Health, Ministry of Sports, and Saudi Arabian Rugby Federation
- Conduct regular maintenance of the facility and periodic inspections of safety devices. Any damage should be promptly addressed to ensure the facility remains safe.
- The playing surface should not be waterlogged, hard or slippery and should not have any foreign objects on the surface
- Upon acceptance, players are required to submit a medical examination certifying their fitness. The club bears full responsibility for ensuring compliance.
  - Player Form: <http://sfsm.org.sa/mos20>
  - Hospital/Clinic Form: <http://sfsm.org.sa/mos10>
- Each club must have a certified physiotherapist or a qualified FAIR person. Alternatively, clubs may have a valid contract with a clinic accredited by the Saudi Federation for Sports Medicine
- An ambulance must be present during games and tournaments before the start of the first game
- Fire Safety and Emergency Planning
  - Install and maintain a fire alarm system in accordance with the Civil Defence requirements
  - Implement an emergency plan that includes having the correct medical equipment and ensuring appropriately trained medical staff (including a FAIR-trained doctor) are present



## 4.2 Essential Medical Equipment

- **Stretcher:**
  - Spinal board and/or scoop stretcher.
- **Collars:**
  - Various sizes or adjustable collars
- **Air splints**
  - Various types of air splints
- **Coach's First Aid Bag:**
  - Scissors (blunt ended)
  - Surgical gloves
  - Gauze swabs
  - Nasal pack
  - Towel
  - Compression bandages (5cm, 7.5cm, 10cm)
  - Sterile gauze bandage
  - Adhesive skin closures, (e.g. Band Aid)
  - Elastic adhesive bandages (2.5cm, 5cm)
- **Additional Medical Supplies:**
  - Petroleum jelly
  - Antiseptic healing cream
  - Tincture of benzoin
  - Absorbent pad dressing
  - Ice pack and ice
  - Adhesive tape
  - Triangular bandages
  - Skin care pads (e.g., Second Skin)
  - Water bottle
  - Adhesive dressings (e.g., Opsite)
  - Antiseptic ointment/spray (e.g., Betadine, Savlon)
  - Irrigation solution (sterile eyewash)



Spinal board



Defibrillator



Air splints for immobilising a fracture



Emergency bag



Adjustable neck brace

**All the above items should be in the technical zone**





## 5.1 Competition

### ➤ Adherence to Competition Terms:

- All clubs must adhere to the terms and statutes of the various federation competitions for all divisions, which are issued annually and distributed to clubs prior to the commencement of the sports season.

- Divisions:

- SARF Senior Women's and Men's, 15's or 7's
- Minis & Youth Law Variations

### ➤ Registration Requirements:

- All club members (including staff, coaches, and players) must be registered with SARF by September 10th each year. Registration forms are available on the SARF website.

### ➤ Participation in Federation Competitions:

- Clubs must participate in competitions organized by the Federation.
  - All clubs must display the SARF logo on the right shoulder of their competition jerseys.
  - All teams must accept match broadcasts organized by the Federation.

## 5.2 Competition

### ➤ Event Organization by Clubs or Academies:

- Clubs or academies may organize events only after obtaining approval from SARF at least 30 days prior to the event (e.g., competition, tournament, clinic day).

### ➤ Tour Sanctioning Application:

- Clubs or academies must submit the SARF Club Tour Sanctioning Application at least 15 days before any team travels from Saudi Arabia.

### ➤ Compliance with Saudi Arabian Olympic Committee and Federation Regulations:

- The Saudi Arabian Olympic Committee and Federations issue conditions and instructions regulating internal and external participation in training camps, tournaments, and competitions. These regulations are circulated to sports federations to ensure adherence.

**All forms, regulation and registration are available in SARF Website, link: <https://www.rugby.sa/>**

## B/ Administrative Requirements









## 6. Membership

- To obtain membership in the federation, the club must submit an application to the Saudi Arabian Rugby Federation two months before the start of the season with the following attachments:
  - A statement of the names, qualifications and experiences of the technical team and supervisors of the game.
  - A statement including the existing facilities, stadiums and equipment
  - A pledge of compliance with the regulations, decisions and regulations promulgated by the Federation.
  - Receipt of the prescribed fees payment for joining the federation's membership, which is 5,000 riyals
  - It is thereby activated after obtaining the commercial registration from the Ministry of Commerce and the licensing from the Ministry of Sports.
- The board of directors of the federation shall review the request and issue its decision within 30 days from the commencement date on which the request was submitted by the CEO of Rugby federation.
- The Saudi Arabian Rugby Federation investigates and confirms the technical requirements.
- The applicant shall be notified of the decision of the Board of Directors within fifteen days from the date of approval on the address included in the joining application, and the Ministry shall provide a copy of the decision.
- An applicant for membership is considered a member of the Federation from the date of the decision issuance by the Board of Directors. In the event the application by the board of directors is rejected, the decision must be justified, and the membership applicant has the right to appeal the decision to the Ministry within 15 days from the date on which he is informed of the decision, and its decision is considered as a final settlement.
- If the membership applicant is not notified of the decision of the board of directors officially during the periods referred to in the aforementioned paragraphs, then he has the right to elevate the matter to the Ministry to take the final decision within thirty days of its receipt.

## 1. Fees

- \* The annual fee is free for the first year
- \* Currently existing club fee is (5,000) five thousand Saudi riyals

<div>  <div>           Saudi Arabian Rugby Federation            الاتحاد السعودي للرقبي         </div> </div> <div>A/ Administrative Requirements</div>	<div>8. Violations &amp; Penalties</div> <div>  </div>		
Violations	Penalties		
	First time	Second time	Third time
Violating the requirements of the coaches & first aider regulations			
Appointing unlicensed coaches	500 SR	3,000 SR	3,000 SR and a termination of membership
Appointing unlicensed first aider for U9 up to senior teams	verbal warning	500 SR	1,000 SR and a written warning
The number of players exceeds the specified number for each coach	written warning	1,000 SR	2,000 SR
Violation of the equipment's requirements			
Unavailability of certified balls by the International Rugby Federation	2,000 SR and verbal warning	5,000 SR and a written warning	Membership terminated
Violation of safety requirements			
Unavailability of the treatment room/clinic	500 SR	1,000 SR	5,000 SR
Unavailability of the first aid	500 SR	1,000 SR & verbal warning	5,000 SR & membership termination
Unavailability of Ambulance for senior games during competition	1,000 SR	3,000 SR & verbal warning	5,000 SR & membership termination
Obligate Players to train for more than 4 hours	3,000 SR	5,000 SR & a written warning	Membership suspended



**THANK YOU**