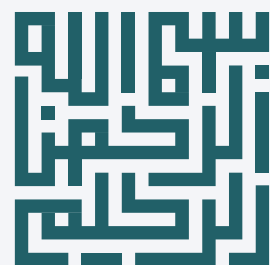




# Saudi Taekwondo Federation Technical Regulations for Private Clubs





A	Technical Requirement
1	Coaches
2	Facilities
3	Equipment
4	Safety
5	Competitions

B	Administrative Requirement
6	Membership
7	Fees
8	Violations & Penalties

## A/ Technical Requirements





## 1. Coaches

**1.1** Administrative staff that must be available in every facility:

**1.1.1** : Receptionist (Male)

**1.1.2** : Receptionist (Female)

**1.1.3** : Male coach and Female coach

**1.1.4** : The coach or any member of the administrative staff must have a first aid certification.



## 1. Coaches

### 1.2: Skills and Experience Required for the Coach:

Taekwondo: The coach must have a black belt of at least 2nd Dan, in addition to a certified training course from the Leaders Development Institute or the Federation.



## 2. Facilities

**2.1 :** Proof of ownership or a lease contract for the facility where the project will take place.

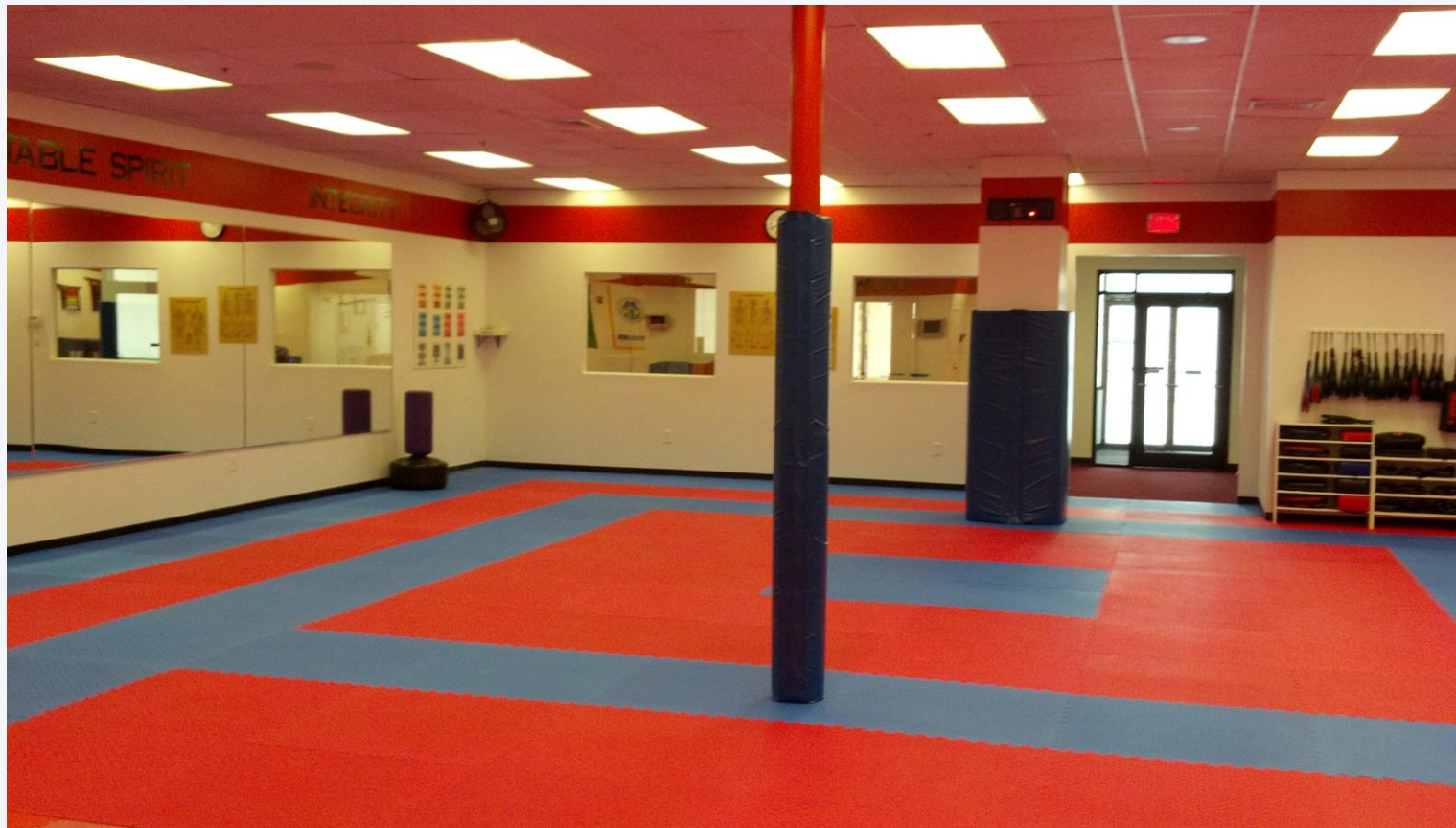
**2.2 :** Specifications of the facilities that must be available in the facility:

- Providing a seamless mats with a minimum thickness of 5 cm, with dimensions of 10m x 10m. It must be placed in a room free of columns and barriers.
- The floor should be suitable for securing the mat.
- There must be a safety perimeter of 1.5m to 2m around the mat.

**The specifications and examples of mat types can be found in the following slides (Appendix)**



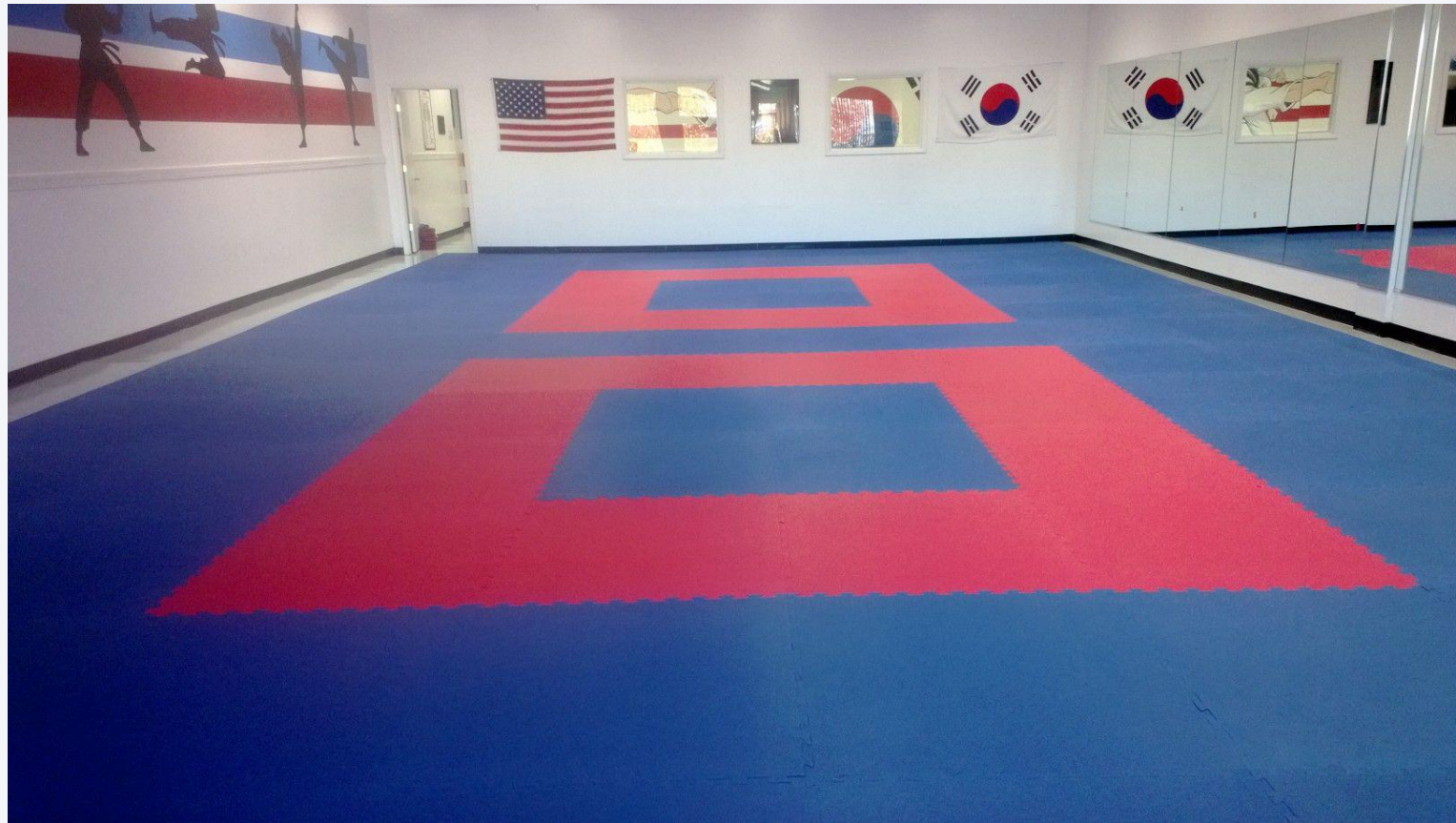
## Appendix A





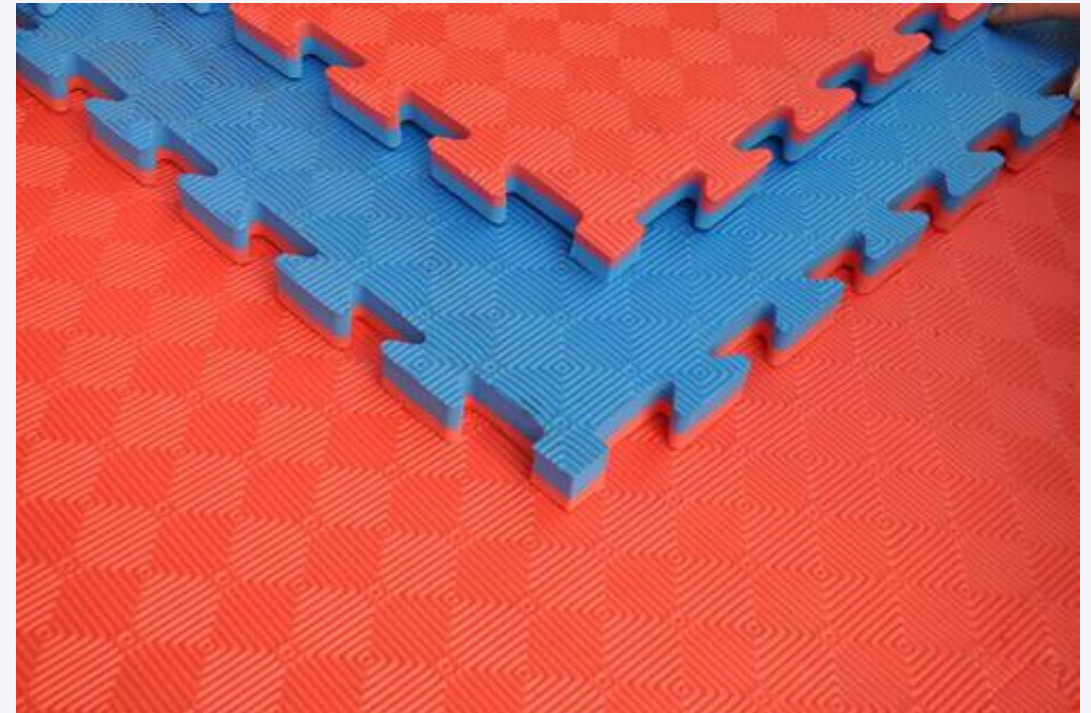
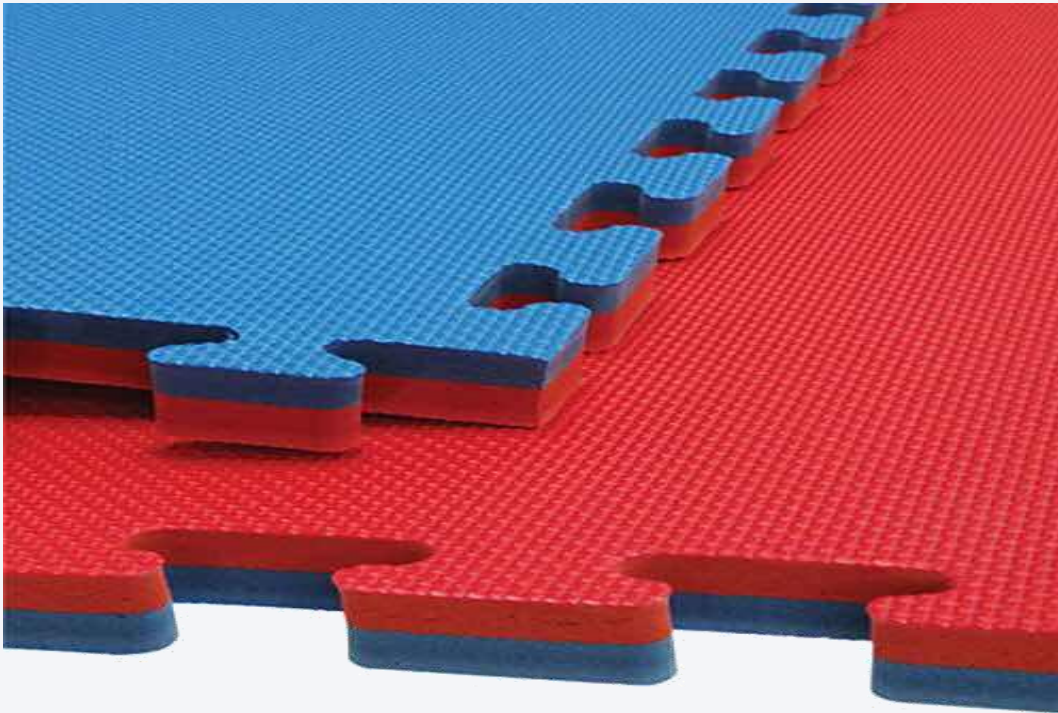


## Appendix B





## Appendix C





## 2. Facilities

- 2.3 :** There must be a ventilation system and an appropriate temperature, with an average of 25°C.
- 2.4 :** Providing a waiting room for parents, if possible.
- 2.5 :** There should be a reception desk at the entrance.
- 2.6 :** A padding must be applied to the columns and exposed concrete structures inside the facility.
- 2.7 :** Four changing rooms for men, and four changing rooms for women, if the facility serves both genders.
- 2.8 :** A minimum of two restrooms for men and two restrooms for women.
- 2.9 :** Provide first aid equipment according to the requirements of the Sports Medicine Federation in the "Safety" section.
- 2.10 :** Providing a cleaning supplies room.



## 3. Equipment

**3.1 :** Providing a mirror on one of the walls opposite the mat, with a height of 2 meters, elevated from the floor.

**3.2 : Clothing :**

- Taekwondo: Players must wear the designated Taekwondo uniform.





## 4. Safety

**4.1** Upon acceptance of the player, the player is required to submit a medical examination stating that the participant is medically fit and the club is held the full responsibility for that.

- To obtain it, please fill out the following form (player form): <http://sfsm.org.sa/mos20>
- Then fill in the following form (hospital / clinic form): <http://sfsm.org.sa/mos10>

**4.2** Having a certified physiotherapist for the team or a valid contract with a clinic from the Saudi Federation for Health Specialties. In the event that a specialist is available but not accredited, one can apply for accreditation by filling out the following form by the Saudi Federation for Sports Medicine (SFSM) <http://sfsm.org.sa/mos30>

**\*\*** If needed, SFSM provides a list of physiotherapists. To request, please click on: <http://sfsm.org.sa/mos40>

**4.3 First Aid** - Provide first aid kit with adequate equipment as it's stipulated here <http://sfsm.org.sa/mos70> as per SFSM's minimum standards, and to have an ambulance car during games & tournaments (if available).

**\*\*** For your convenience, we have prepared a ready-made first aid kit, to obtain it please click on the below:

<http://sfsm.org.sa/nafes/>

- ✓ **Small Bag:** SAR 12,650 (up to 50 persons)
- ✓ **Large bag:** SAR 14,375 (up to 100 persons)

**4.4 Fire alarm system according to the requirements of the Civil Defense**



## 4. Safety

- 4.5 : Approval from the Civil Defense and the Municipality for the facility.
- 4.6 : The facility must comply with the health regulations and protocols issued by the Ministry of Health, the Ministry of Sports, and the Federation.
- 4.7 : The federation conducts an annual inspection of the mat's safety to ensure there are no risks that could cause harm and keeps the reports. It reviews the facility owner's compliance, which affects membership renewal. The top layer is made of high-quality compressed foam with excellent shock absorption, which helps protect athletes from injury. The bottom layer consists of a foamy material with good cushioning effects, and it has a non-slip base.
- 4.8 : Maintenance of the facility and safety devices must be performed periodically or in the event of any damage to ensure that the facility remains safe.
- 4.9 : When accepting a player, the club requires the submission of a medical report stating that the participant is medically fit, and the club have full responsibility for this.
- 4.10 : The facility must provide a first aid kit during training sessions, and an ambulance should be available during matches, if possible.
- 4.11 : Caring for children, juniors, and ensuring they are not mixed with the youth category by separating training times for each age group. For example: training time for younger categories from 4:00 PM to 6:00 PM, and youth from 6:00 PM to 8:00 PM, or as determined by the facility owner, with careful attention to maintaining this time separation.



## 4. Safety

**4.11 :** Being on the mat in the designated training uniform and strictly no entry with shoes.

**4.12 :** No smoking at all to ensure the safety of the athletes.

**4.13 :** The coach and players must be wearing the official uniform of the sport during training.



## 5. Competition

**5.1 :** The Saudi Arabian Olympic Committee and Federations issues the conditions and instructions regulating the internal and external participations, whether in training camps, tournaments or competitions, and circulates them to the sports federations to work in accordance with them.

**5.2 :** Registering players with the federation and issuing cards and belt certificates according to the belt and certification regulations of the Federation.

**5.3 :** A technical report from the coach at the sports club should be submitted every 6 months, including photos and data of the players.

**5.4 :** The club is allowed to participate as a team in the internal championships (for all categories) approved by the Federation for the sports season, provided that the club obtains the license.



## B/ Administrative Requirements





## 6. Membership

**6.1 : Membership Conditions for the Club in the Federation:** To obtain membership in the federation, the entity wishing to join must submit an application to the federation. The executive management reviews the application, ensures its completeness, and submits it to the board of directors within a maximum of 30 days. The following must be attached:

**6.1.1** A list of the names, qualifications, and experience of the technical staff and supervisors of the activity and the sport.

**6.1.2** A statement including the existing facilities, courts, and equipment.

**6.1.3** An acknowledgment of compliance with the regulations, decisions, and guidelines issued by the federation.

**6.1.4** The payment receipt for the membership fee to the federation.

**6.1.5** Any additional requirements deemed necessary by the federation.

**6.2** The board of directors will review the application and issue a decision within 30 days from the date the executive management submits the application to the federation.

**6.3** The applicant will be notified of the board's decision within 15 days of the decision date to the address stated in the membership application, and the Olympic Committee will be provided with a copy of the decision.

**6.4** The applicant will be considered a member of the federation from the date of the board's decision.

**6.5** If the application is rejected by the board, the decision must be justified, and the applicant has the right to appeal the decision to the Olympic Committee within 15 days of being notified. The Olympic Committee's decision will be final.

**6.6** If the applicant is not notified of the board's decision within the timeframes mentioned in the previous sections, the applicant has the right to escalate the matter to the Olympic Committee.

**\*Membership is renewed annually after obtaining the technical opinion from the federation.**



## 6 : Membership

### 6.2 : Conditions for Club Affiliation in the Federation:

6.2.1 The age of the participants must be at least 6 years.

6.2.2 The date of birth must match the national identity when registering the trainee.

6.2.3 The trainee's parent must be present in person when submitting the registration application for those under 15 years of age.

6.2.4 Each training session should have a defined age category, with separate sessions for children and adults, and specific times assigned for each group.



## 7: Fees

**The fee for the license application for new clubs is 5,000 SAR, and it is renewed annually.**



8.1 In the event of non-compliance with the federation's conditions and instructions, the following penalties will apply:

8.1.1 A warning will be issued to the academy to prevent further violations.

8.1.2 If the violation is repeated, a financial fine of 2,500 SAR will be imposed.

8.1.3 If the violation occurs for the third time, a one-week grace period will be given for correction. If the issue is not corrected within the week, the federation will suspend the game's license and prohibit its practice for one month. The license will be reinstated after correction and payment of a fine triple the amount listed in the table below, following a signed commitment, and the membership in the game's federation will be canceled.

	Violations	Penalties		
		First Time	Second Time	Third time
1	Failure to comply with the coach standards (Section 1).	1,000 SAR With a written warning.	3,000 SAR With a one-week suspension of the activity.	5,000 SAR With a one-month suspension of the activity.
2	Failure to comply with safety standards (Section 4).	2,000 SAR With a written warning.	5,000 SAR With a one-week suspension of the activity.	10,000 SAR With a one-month suspension of the activity.
3	Failure to comply with the official attire of the sport (Section 3)	1,000 SAR With a written warning.	2,000 SAR With a one-week suspension of the activity.	3,000 SAR With a one-month suspension of the activity.
4	No official player certificates from the federation	5,000 SAR With a written warning.	7,000 SAR With a one-week suspension of the activity.	10,000 SAR With a one-month suspension of the activity.

**THANK YOU**