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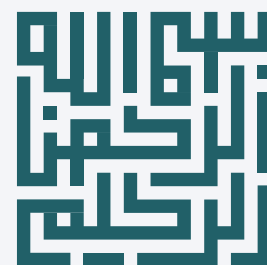


# Gymnastics Technical Regulations for Private Clubs



الاتحاد السعودي للج гимнаز  
SAUDI GYMNASTIC FEDERATION

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# **A/ Technical Requirements**





## **1. Coaches**

### **Tow points allocated for technical staff**

- 1.1** The coach is required to have BA in Physical Education with a three years of working experience = (1 Point).
- 1.2** If the coach has a BA in Physical Education with a concentration in gymnastics = (1.5 Point).
- 1.3** If the coach has a specialized certificates in Gymnastics from a well known organizations such FIG and AGU = (0.5 Point).





## 2. Facilities

**2.1** 600m to 800m = (1Point).

**2.2** 800m and more = (2Points).



## 3. Equipment

- 3.1** There are six competitive apparatus in Men's Artistic Gymnastics, and four competitive apparatus in Women's Artistic Gymnastics.
- 3.2** In Parkour Gymnastics, it is required to have Parkour pads, barriers and walls.
- 3.3** Aerobic and Rhythmic Gymnastics require the ability to perform continuous complex and high intensity movement patterns with flooring mat and rhythmic gymnastics apparatus as: Ball, clubs, hoop, ribbon and rope.
- 3.4** In Trampoline gymnastics, the allocation of apparatus must be provided.
- 3.5** In Tumbling, air track tumbling mat must be provided.

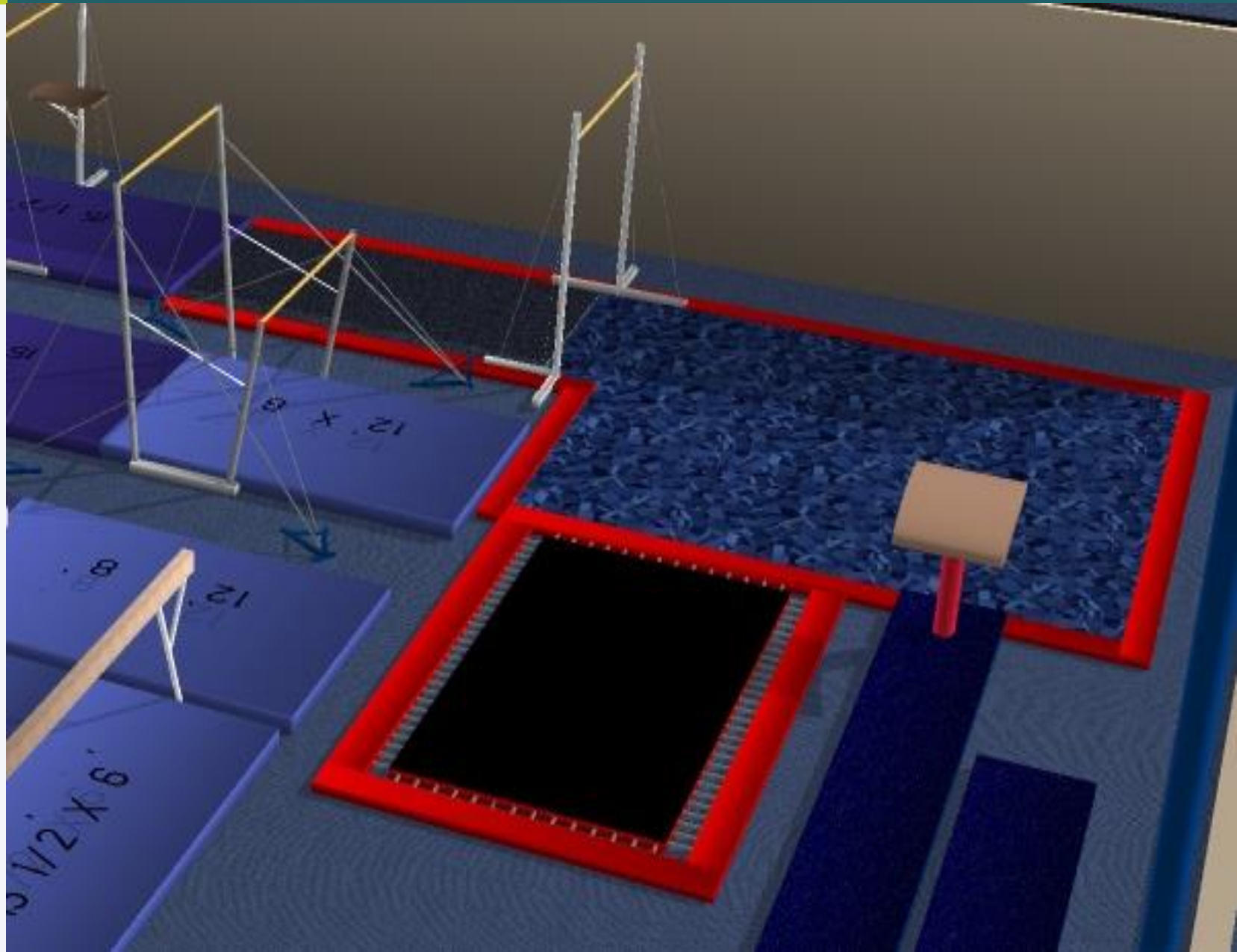




## 4. Safety

**4.1** Gymnastics Foam Pits and landing pads **(1 Point)**

**4.2** General safety regulations (Location of emergency exits - Location of fire extinguishers - first aid supplies...). **(1 Point)**







## 4. Safety

- 4.3** Upon acceptance of the player, the player is required to submit a medical examination stating that the participant is medically fit and the club is held the full responsibility for that.
- To obtain it, please fill out the following form (player form): <http://sfsm.org.sa/mos20>
  - Then fill in the following form (hospital / clinic form): <http://sfsm.org.sa/mos10>
- 4.4** Having a certified physiotherapist for the team or a valid contract with a clinic from the Saudi Federation for Health Specialties. In the event that a specialist is available but not accredited, one can apply for accreditation by filling out the following form by the Saudi Federation for Sports Medicine (SFSM) <http://sfsm.org.sa/mos30>
- \*\*** If needed, SFSM provides a list of physiotherapists. To request, please click on: <http://sfsm.org.sa/mos40>
- 4.5 First Aid** - Provide first aid kit with adequate equipment as it's stipulated here <http://sfsm.org.sa/mos70> as per SFSM's minimum standards, and to have an ambulance car during games & tournaments (if available).
- \*\*** For your convenience, we have prepared a ready-made first aid kit, to obtain it please click on the below: <http://sfsm.org.sa/nafes/>
- ✓ **Small Bag:** SAR 12,650 (up to 50 persons)
  - ✓ **Large bag:** SAR 14,375 (up to 100 persons)
- 4.6 Fire alarm system according to the requirements of the Civil Defense**



## 5. Competition

Only clubs with (A & B) ranking are allowed to participate in competitions.

**A= 8-10 points**

**B= 6-8 points**

**C= less than 6 pints.**

- 5.1** Gymnastics tournaments are held for all age groups pursuant to the statute and regulations of the Saudi Federation and the International Gymnastics Federation.
- 5.2** In event that any club is not able to participate in the tournaments, the federation must be notified at least one month prior to the commencement of the tournament. If the federation is not notified within the allotted period, the fine will be 5,000 SR. and the club is subject to pay it for the federation Fund prior to its participation in the next tournament.
- 5.3** The clubs are hereby obliged to adhere to the tournament time schedule and coordinate with the Ministry of Sports and the stadium manager to reserve the halls.
- 5.4** When the team is late for the tournament registration, The team will be fined up to 2000 SR. with a permission to take part in the tournaments. The club is subject to pay the fine for the federation Fund prior to its participation in the next tournament. If there is an official excuse accepted by the Chief Judge, the fine will be repealed.



## 5. Competition

- 5.5** The Saudi Gymnastics Federation directly supervises all tournaments that are held in the Kingdom at all levels. The stipulated instructions issued by the Federation in 2021 are hereby applied.
- 5.6** Clubs are obligated to the stipulated number of participants in the tournament (the players, the technical and administrative staff ) for all age groups one month prior to the commencement of the tournament to add them electronically in the registration system. If gymnasts' names are not submitted within the allotted period, the sanction will be 5,000 SR. and the club is subject to pay it for the federation Fund prior to its participation in the next tournament in accordance with the federation tournament program.
- 5.7** No player will be allowed to participate in local competitions without the necessary medical examinations. It shall be undertaken to obtain analytical evidence prior to the start of each season as what it is stipulated in the Athletes' Status Regulations promulgated by the Ministry and the Activity Regulations promulgated by the Olympic Committee.



## 5. Competition

### 5.8 Conditions to participate in the tournaments

- 5.8.1** Must be within or above the participating age group.
- 5.8.2** Must be affiliated with a club.
- 5.8.3** Must obtain the accreditation card from the Saudi Gymnastics Federation.
- 5.8.4** To be physically and medically fit.
- 5.8.5** Shall not have a penalty charge notice from the Saudi Gymnastics Federation.
- 5.8.6** In the event that the player participates with a club other than the his/her club, the club must submit the player's dismissal letter with the consent of the Saudi Gymnastics Federation Board of Directors.
- 5.8.7** If the player participates with a club at the beginning of the season, the player has no right to participate with another club in the same season.
- 5.8.8** Must adhere the code of conduct and ethics and follow the Proper Gymnastics Attire.

### 5.9 Regulations governing the competitions

- 5.9.1** All classified clubs are allowed to participate in the tournaments pursuant to the specified age groups.
- 5.9.2** No team shall be allowed to participate in the tournament without a coach, and the club is subject to pay a fine up to 10,000 SR. for the federation Fund prior to its participation in the next tournament.



## 5. Competition

### Cont./ 5.9 Regulations governing the competitions

- 5.9.3** The administrative staff shall refrain from entering the hall except with the permission of the Chief Judge. If they don't sustain, the club with which the administrative member is affiliated will be fined up to 2000 SR. and to be paid for the federation Fund prior to its participation in the next tournament.
- 5.9.4** The Saudi Gymnastics Federation shall certify the photographers in specified and certain locations to photograph.
- 5.9.5** The winning team will be crowned with Medals at the end of all tournaments in accordance to the number of the registered players in the tournament registration list for each team.
- 5.9.6** Teams competition are held between at least three clubs in the same age group as what it is stipulated in Section 9 of Article 55 of the Registration and Activity Regulations. There is no required number of players to play in All around competition and Apparatus final competition.
- 5.9.7** The annual tournaments are held in accordance to the Federation's technical regulations and statute.
- 5.9.8** Federation tournaments are classified pursuant to the age groups approved by the Federation.
- 5.9.9** The age of the player is determined from the start of January until December 31 of the Gregorian calendar.



## 5. Competition

### 5.10 Technical Regulations for Tournaments:

- 5.10.1** The technical regulations of the national and the International Federation of Gymnastics shall be applied in the technical aspects.
- 5.10.2** It is allowed to use additional mats (5 cm, 10 cm) in all Apparatus, except the apparatus for floor exercise.
- 5.10.3** Failure to use supplementary mat shall be considered as Apparatus irregularities and will deduct 0.5 from the player's score.
- 5.10.4** The Apparatus judge must not allow any player to start without the presence of the coach.
- 5.10.5** Dress in prescribed uniform during the competitions. Whoever violates the competition attire code, the stipulated illegal clothing articles shall be applied (a deduction of 0,3 for the player and 1,00 for the team).

- 5.11** The Saudi Arabian Olympic Committee and Federations issues the conditions and instructions regulating the internal and external participations, whether in training camps, tournaments or competitions, and circulates them to the sports federations to work in accordance with them.

## B/ Administrative Requirements







## 6. Membership

### 6.1 Academies are will be getting the membership after meeting the requirements:

- 6.1.1 The club is required to provide a specified hall for training gymnastics with the permitted disciplines.
- 6.1.2 The club must have the right equipment's.
- 6.1.3 The club must have a qualified staff.

6.2 The membership must be renewed every year by the federation.

6.3 The participants membership must be renewed every year by the federation.

6.4 The staff membership must be renewed every year by the federation.



## 7. Fees

**Clubs will be receiving the membership after meeting the following:**

**7.1** The annual federation membership fee is 20,000 SR.

**7.2** The Club will be subject to 1000 SR competition fee.

**7.3** Each participant will be subject to 300 SR for each player entering the competition.



## 8. Violations & Penalties

- 8.1** The withdrawal of any team during its participation in any tournament for any reason, the infringed team will be fined up to 10,000 SR. Subject to pay it for the federation Fund prior to its participation in the next tournament. the stipulated sanction is applied pursuant to the Ministry of Sports Regulations and the concerned federation Regulations. Infringement of obligations could lead to deduction and/or expulsion by the jury.
- 8.2** In the event that the team refuses to stand on the podium to receive awards, the team results will be considered annulled and fined up to 10,000 SR. Subject to pay it for the federation Fund prior to its participation in the next tournament. the stipulated sanction is applied pursuant to the Regulations.
- 8.3** The player who does not stand on the podium to receive awards from the tournament sponsor will be fined up to 2000 SR. Subject to pay it for the federation Fund prior to its participation in the next tournament. the stipulated sanction is applied pursuant to the Regulations.
- 8.4** The team or player who does not attend the closing ceremony without an acceptable excuse, shall be referred to the Federation to take what it deems necessary.



## 8. Violations & Penalties

**8.5** In the event that the coach or administrative member commits misconduct or undertakes unacceptable behavior which it can be defined as verbally or nonverbally, a fine of 5,000 SR will be imposed and subjected to pay it for the federation Fund prior to its participation in the next tournament and shall be referred to the Federation to take what it deems necessary.

**A-** During the tournament, If one of two coaches from a team are dismissed from the competition inner circle, it is possible to replace that coach with another coach one time in the entire competition from the same team.

**B-** If there is one coach, he/she shall complete the tournament and will be expelled from attending the next official tournament.

**8.6** Must apply the players and coaches sanctions promulgated by the international federation statute.



## 8. Violations & Penalties

**8.7** Clubs and academies membership shall be renewed every year by the federation.

**8.8** Players membership shall be renewed every year by the federation.

**8.9** Coaches membership shall be renewed every year after obtaining the license.

	Violations	Penalties		
		First time	Second time	Third time
1	Failure to obtain the annual federation membership.	3000 SR	5000 SR	10,000 SR and subject to suspension
2	Failure to obtain the player membership.	300 SR	1000 SR	5000 SR
3	Failure to obtain the coach membership.	3000 SR	5000 SR	10,000 SR and subject to suspension
4	Unavailability of safety equipment	5000 SR	10,000 SR	15,000 SR
5	Lack of gymnastics apparatus in the performance area.	1000 SR.	3000 SR	5000 SR

**THANK YOU**