

NAFES



الاتحاد السعودي للدراجات
SAUDI CYCLING FEDERATION



Cycling Technical Regulations for Private Clubs

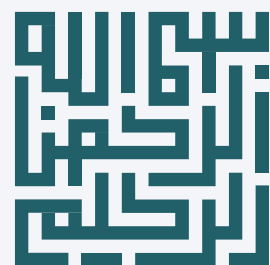




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A/ Technical Requirements





1. Coaches

- 1.1 Holds a bachelor's degree in sports education (cycling).and has 2 year experience.
- 1.2 Holds a bachelor's degree and has previously represented the national team and has an advanced training certificate from the National Federation.





2. Facilities

- 2.1 Provide a headquarters for the club.
- 2.2 The headquarters must contain
(management offices - mechanics
workshop - bicycle warehouse -
changing room and toilets)
- 2.3 should have electric, water and internet.
- 2.4 Adherence to conditions on
municipality and Civil Defense.





3. Equipment

- 3.1** Specialized bicycles (Road – Mountain-Track-Bmx).
- 3.2** Provide of cycling clothing by type (individual road - individual against the clock- mountain).
- 3.3** Helmet & head protection , special shoes, gloves, socks.
- 3.4** Training devices.
- 3.5** Reflective clothing and Front , Back light.





4. Safety

- 4.1 A car to protect players from behind during exercise with a (warning siren)
- 4.2 Motorcycle equipped (warning siren) to accompany players during exercises.
- 4.3 No exercise permitted on highways.
- 4.4 Staying in the right lane during exercises.
- 4.5 Abiding by traffic signals.
- 4.6 Full stop on the traffic signal
- 4.7 Do not reverse the road and drive on pedestrian on public parks.
- 4.8 Adhere to the traffic system



4. Safety

4.9 Upon acceptance of the player, the player is required to submit a medical examination stating that the participant is medically fit and the club is held the full responsibility for that.

- To obtain it, please fill out the following form (player form): <http://sfsm.org.sa/mos20>
- Then fill in the following form (hospital / clinic form): <http://sfsm.org.sa/mos10>

4.10 Having a certified physiotherapist for the team or a valid contract with a clinic from the Saudi Federation for Health Specialties. In the event that a specialist is available but not accredited, one can apply for accreditation by filling out the following form by the Saudi Federation for Sports Medicine (SFSM) <http://sfsm.org.sa/mos30>

****** If needed, SFSM provides a list of physiotherapists. To request, please click on: <http://sfsm.org.sa/mos40>

4.11 First Aid - Provide first aid kit with adequate equipment as it's stipulated here <http://sfsm.org.sa/mos70> as per SFSM's minimum standards, and to have an ambulance car during games & tournaments (if available).

****** For your convenience, we have prepared a ready-made first aid kit, to obtain it please click on the below: <http://sfsm.org.sa/nafes/>

- ✓ **Small Bag:** SAR 12,650 (up to 50 persons)
- ✓ **Large bag:** SAR 14,375 (up to 100 persons)

4.12 Fire alarm system according to the requirements of the Civil Defense



5. Competition

5.1 Clubs are entitled to participate in races in accordance with the approved technical regulations.

5.2 The Saudi Arabian Olympic Committee and Federations issues the conditions and instructions regulating the internal and external participations, whether in training camps, tournaments or competitions, and circulates them to the sports federations to work in accordance with them.

5.3 Categories participating in competition:

- A. Adults aged 19 years and over
- B. Young aged between 17-18 years old.
- C. Junior aged between 15-16 years old.
- D. Kids between 12-14 years old.

B/ Administrative Requirements





6. Membership

- 6.1** Membership and its requirements. (The membership mechanism and the link of the federation with requirements and conditions (if any) are placed here.
 - 6.1.1** The executive and financial regulations for the new activity.
 - 6.1.2** A statement that includes the existing facilities, stadiums and equipment.
 - 6.1.3** Declaration of commitment to the regulations, decisions and regulations issued by the Federation.
 - 6.1.4** Any requirements that the Federation deems necessary.
 - 6.1.5** Receipt of payment of the number set for joining the Federation membership.
 - 6.1.6** A statement of the names, qualifications and experiences of the technicians and supervisors of the activity and the game.
- 6.2** An applicant for membership is considered a member of the federation from the date of issuance of the board of directors 'decision.
- 6.3** In the event that the request is rejected by the Board of Directors, the decision must be justified, and the applicant for membership has the right to appeal the decision to the Olympic Committee within fifteen days from the date of his notification of the decision and its decision is final
- 6.4** If the applicant for membership is not notified of the decision of the board of directors during the periods referred to in the previous paragraphs, then he is entitled to refer the matter to the committee.
- 6.5** Add the project plan



7. Fees

7.1 The club will be responsible for the expenses for the team and the expenses of participating in the races.

7.2 Membership fees for the club (SR 12,000) are deposited in the Saudi Cycling Federation account

(The club is entitled to be a member of the General Assembly of the Federation)





8. Violations & Penalties

Violation		Penalties		
		First Time	Second Time	Third Time
1	Establishing a private club with no valid membership of the Saudi Cycling Federation	Club closer for 1 month and fined 25,000 riyals	Club closer for 2 months and fined 35,000 riyals	Club closer for 3 months and fined 50,000 riyals
2	License expiration	Stopping all activity	----	----
3	Failure to apply one of the federation's conditions and general requirements for private clubs	Membership suspension for a month & fined 5,000 riyals	Membership suspension for 2 months & fined 10,000 riyals	Membership suspension for 3 months & fined 15,000 riyals
4	Organizing training courses without a license from the Federation	Fine of 5,000 riyals & non-approval of certificates issued	Fine of 10,000 riyals & a one-year ban from the license	Fine of 15,000 riyals & a two-year ban from the license
5	Organizing a race without a license from the Federation	Fine of 20,000 riyals	Fine of 30,000 riyals	Fine of 50,000 riyals

THANK YOU