

Technical Regulations for Local Kickboxing Facilities

Saudi Kickboxing Federation
Technical Regulations for Private Clubs



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A/ Technical Requirements



1. Coaches

1.1 Certified Coach: The coach must be certified by the Saudi Kickboxing Federation.

1.2 Rules Expertise: - The coach must have a thorough understanding of the rules and regulations of kickboxing.
- A minimum of one coach is required; preferably accompanied by two coach assistants with kickboxing rules expertise.

1.3 Training Credentials and Experience: The coach must possess valid training certifications and have demonstrable coaching experience or participation in kickboxing tournaments.

1.4 Required Certifications: Proof of attendance at certified courses conducted by international federations (i.e. WAKO IF, WAKO Asia, or Arab Kickboxing Federation, local Federation) or the Saudi Kickboxing Federation.

2. Facilities

2.1 Dedicated Kickboxing Ring: A minimum of one kickboxing ring is required, as per the specifications stated below:

- Common size for the ring (**4.9 m to 6.1 m**).
- The rings must have suitable flooring for practicing the sport.
Or tatami mat 9*9 for kickboxing.

2.2 Gym Hall: The gym hall floors must be covered with proper mats to reduce impact during training.

2.3 Individual Shower Rooms: The facility must contain dedicated Individual shower rooms for athletes.

2.4 Availability of Sports Equipment in the Facility: The equipment is provided based on the trainer's assessment to facilitate training.

2.5 Space Between Training Equipment: Adequate Space Between Training Equipment of at least one meter is required.

Appendix A

Training

- Separate training times are designated for the buds and juniors category, independent of the youth and first-class categories.
- Ensuring commitment to wearing sports attire.
- Exercises should not commence without the presence of trainers or assistants.

3. Equipment

3.1 Boxing ring with dimensions: 4.90 square meters or 6.10 square meters.

3.2 Hanging bags: 6 in total, with a distance of 1.5 meters between bags.

3.3 Wall mirrors: 120 cm (minimum of 6 mirrors with a distance of 50 cm between them, while ensuring safety conditions).

3.4 Headgear: Minimum of 2 for each size (small, medium, large).

3.5 Provision of medicine balls: Minimum of 3 for each size.

3.6 Jump ropes: Minimum of 10 ropes.

3.7 Elastic bands: Minimum of 10 elastic bands.

3.8 Weights: 1 kilogram, 2 kilograms, 3 kilograms, 4 kilograms, 5 kilograms, and 10 kilograms.

3.9 Regarding personal equipment for practitioners: It is mandatory to wear headgear, mouthguards, chest protectors (for females), leg guards, groin guards during sparring, and they must be used personally. Training targets (pads and mats) must also be available.

4. Safety

4.1 Upon acceptance of the player, the player is required to submit a medical examination stating that the participant is medically fit and the academy is held the full responsibility for that.

To obtain this form, the player must complete the form from the Saudi Sports Medicine Federation.

Then, the hospital/clinic must complete the form from the Saudi Sports Medicine Federation.

4.2 Having a certified physiotherapist for the team or a valid contract with a clinic from the Saudi Federation for Health Specialties. In the event that a specialist is available but not accredited, one can apply for accreditation by filling out the following form by the Saudi Federation for Sports Medicine (SFSM).

** If needed, SFSM provides a list of physiotherapists.

4.3 First Aid - Provide first aid kit with adequate equipment, as per SFSM's minimum standards, and to have an ambulance car during games & tournaments.

4.4 Fire alarm system according to the requirements of the Civil Defense

5. Competition

5.1 The Saudi Arabian Olympic Committee and Federations issues the conditions and instructions regulating the internal and external participations, whether in training camps, tournaments or competitions, and circulates them to the sports federations to work in accordance with them.

5.2 The club is allowed to participate as a team in the internal tournaments (in all categories) approved by the federation for the sports season if the license is obtained.

B/ Administrative Requirements



6. Membership

- 6.1 Membership application according to the federation's form.
- 6.2 A statement including the appropriate facility and equipment.
- 6.3 A statement of the names, qualifications, and experiences of the technicians and supervisors of the game.
- 6.4 Adherence to the regulations, resolutions, and circulars issued by the federation.
- 6.5 Receipt of payment of the prescribed fee for joining the federation membership.
- 6.6 Any requirements that the federation deems necessary in the future.

7. Fees

7.1 The financial counterpart for the Membership application for new clubs is free for the first year, and renewal costs 4500 per year, four thousand and five hundred Saudi riyals.

7.2 The financial counterpart for the Membership application for currently existing clubs is 4500 per year, four thousand and five hundred Saudi riyals.

8. Violations & Penalties

- 8.1** In the event of a violation, a warning shall be issued to the establishment.
- 8.2** The establishment must address the violation within one week from the date of the warning.
- 8.3** If the violation is not addressed within the specified period above, a financial penalty shall be imposed.
- 8.4** In the event of repeated violation of the same offense, the financial penalty shall be doubled.
- 8.5** If the violation is repeated for the third time, a one-week grace period shall be given for correction. If the correction is not made within the week, the game license shall be suspended, and participation shall be prohibited for a period of one month. The license may be reinstated after correction and payment of the financial penalty, which will be tripled upon signing an undertaking.
- 8.6** Membership in the establishment shall be revoked in the event of non-correction and non-compliance.

8. Violations & Penalties

8.1

	Violations & Penalties			
		First violation	Second violation	Third violation
1	Non-compliance with coaching standards	SAR 5,000	SAR 10,000	SAR 15,000
2	Failure to provide adequate sporting equipment	SAR 10,000	SAR 20,000	SAR 30,000
3	Failure to provide adequate sporting equipment	SAR 1,000	SAR 2,000	SAR 3,000
4	Failure to provide adequate sporting equipment	SAR 2,000	SAR 4,000	SAR 6,000

THANK YOU