



Mixed Martial Arts Technical Regulations for Private Clubs

Taekwondo, Karate, Wrestling, Jujitsu, Judo, Mixed Martial Arts

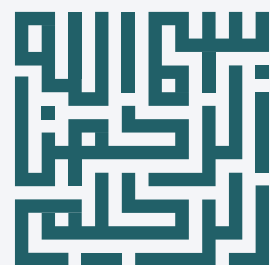




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A/ Technical Requirements





1. Coaches

1.2 The skills and experience that must be provided to the coach, according to the criteria for each game issued by its association, provided that the certificates and experiences required here are reviewed by the association, as follows:

Sport Federation	Minimum Requirement
Taekwondo	A black belt for a trainer of not less than 2 Dan, in addition to a training course accredited by the Leadership Development Institute (LDI), the Saudi Taekwondo Federation, or any of the recognized national federations, or the International Taekwondo Federation, and it is not accepted otherwise..
Karate	A belt trainer of at least 3 Dan and 3 years work experience, in addition to an accredited training course from the Leadership Development Institute or the Saudi Karate Federation.
Wrestling	The coach must have a course approved by the Saudi Wrestling Federation or from the Leadership Development Institute. If he is a foreigner: he must have a sports qualification or is a former player in the sport of wrestling (for Saudis : he must have participated in the Kingdom’s championships in the first-class category and for foreigners : he must be an international player)



1. Coaches

1.2 Cont./

Sport Federation	Minimum Requirement
Jujitsu	The coach must have a brown belt as a minimum.
Judo	<ol style="list-style-type: none">1. Certificate of one black belt Dan.2. A course of trainers accredited by the Institute for Leadership Development or from one of the federations (outside the Kingdom) after approval from the Saudi Judo Federation.3. Not less than two years previous experience in training judo sport.
Mixed Martial Arts	The trainer must hold a course approved by the Saudi Federation or the Institute for Leadership Development or an accredited certificate from the International or Asian Federation in addition to training experience for the sport of various martial arts (MMA) for a period of no less than two years.



2. Facilities

2.1 Employees that must work in every facility:

2.1.1 Receptionist (Administrative for Men).

2.1.2 Receptionist (female administrative).

2.1.3 A male coach and a female coach.

2.1.4 First aid certificate for the trainer or any of the administrative staff

2.2 Proof of ownership or lease contract for the facility on which the project will be built or take place in.

2.3 Specifications of the facilities to be provided in the facility:

- The floor must be flat and suitable for installing the mat
- There should be a safety perimeter of 1.5 - 2 m around the rug
- If it is more than one sport: Provide a mat without spacers, a minimum thickness of 5 cm, with dimensions of 10 m x 10 m, and it must be inside a room free of pillars and barriers.

2.4 The presence of a special Ring for the sport of Mixed Martial Arts **(This requirement is for those who want to add mixed martial arts games)**



2. Facilities

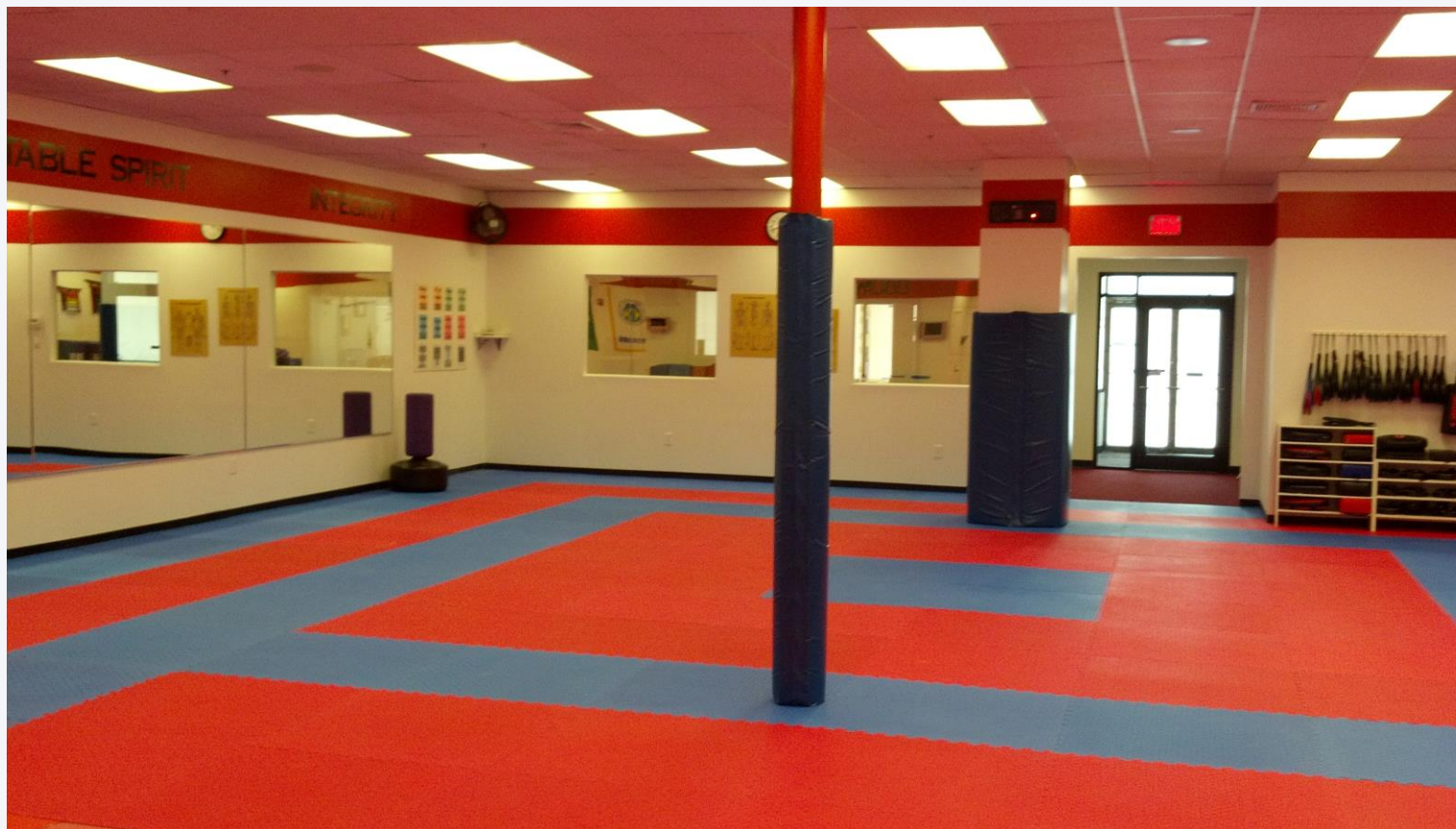
2.5 Mat specifications for each sport:

	Sports	Exercises		Competitions	
		Mat Dimensions	Mat Thickness	Mat Dimensions	Mat Thickness
1	Wrestling	5 cm	8 m * 8 m or 10 m * 10 m	6 cm	12 cm * 12 cm
2	Jujitsu	5 cm	8 m * 8 m	5 cm	8 m * 8 m
3	Mixed Martial Arts	5 cm	8 m * 8 m	A minimum play ring of 7 * 7	
4	Karate	2 mm	10 m * 10 m	2 mm	10 m * 10 m
5	Taekwondo	3 cm	10 m * 10 m	3 cm	12 m * 12 m
6	Judo	4 cm	8 m * 8 m	5 cm	10 m * 10 m

Kindly read the specifications and see examples of types of rugs on the following pages (Appendix):

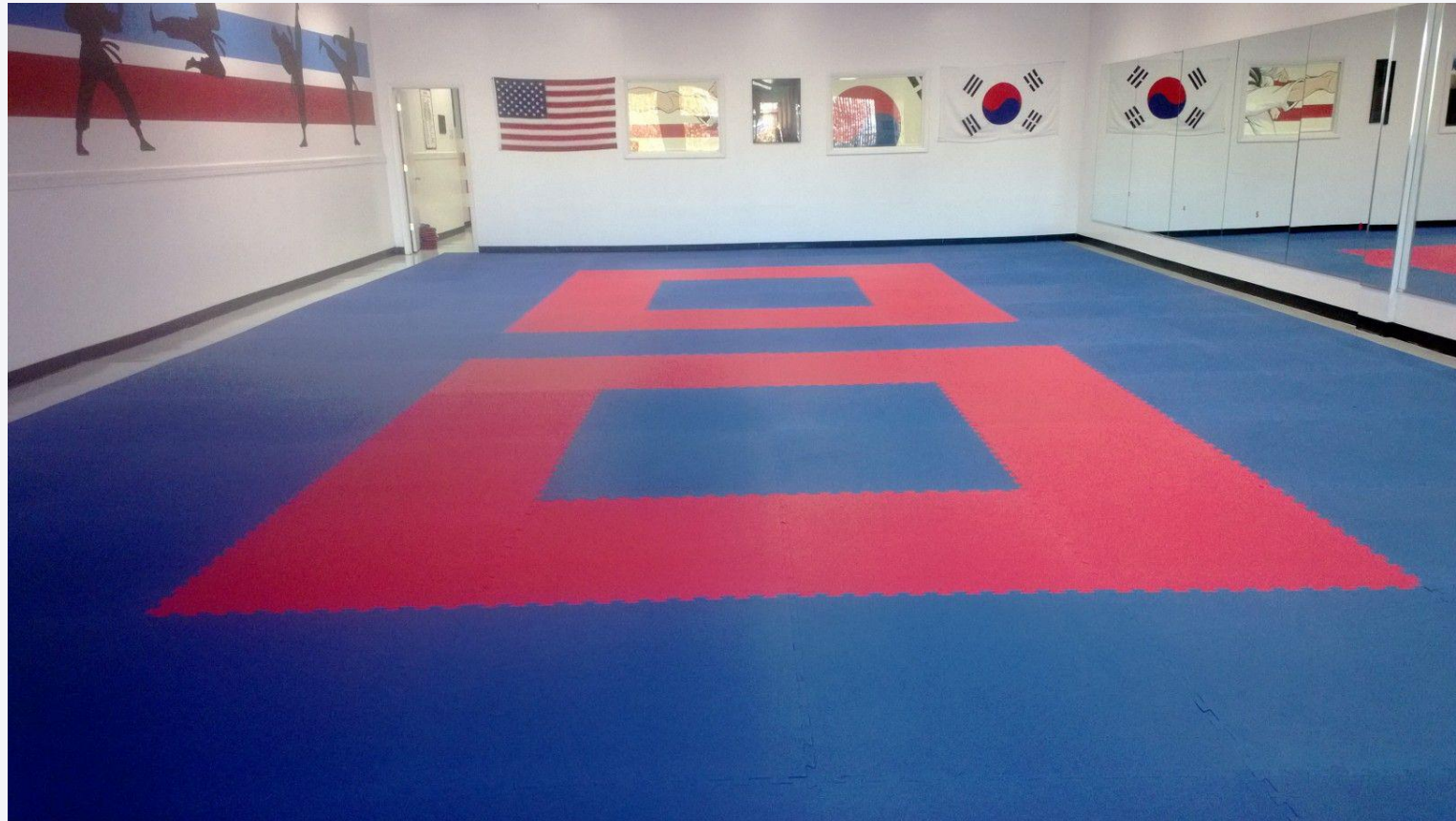


Appendix A



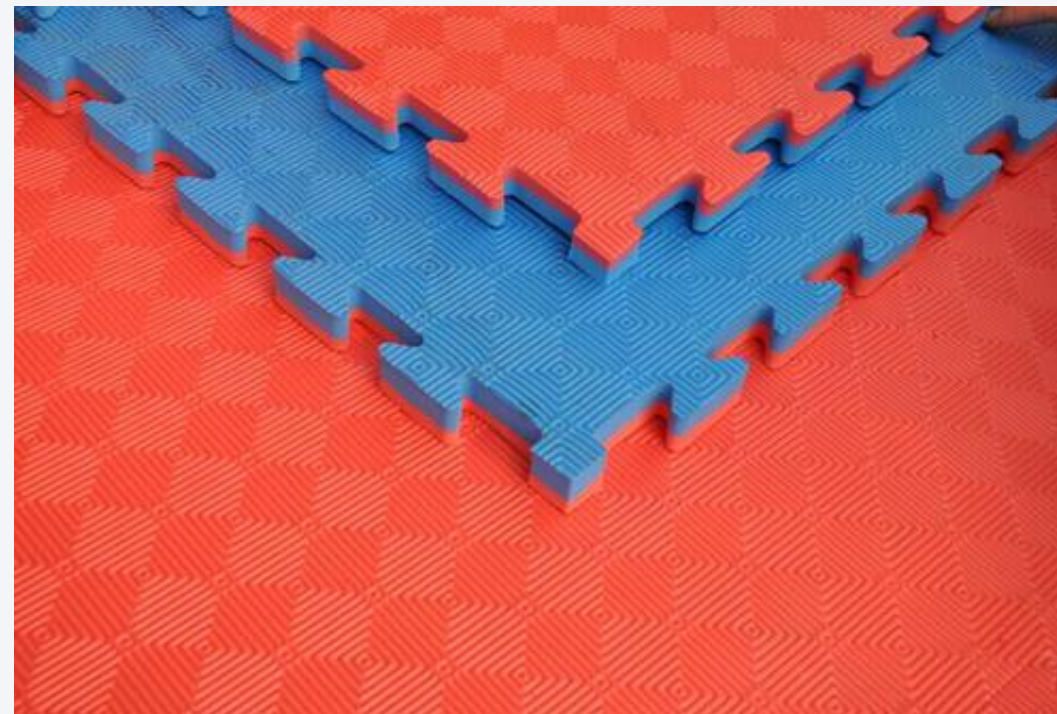
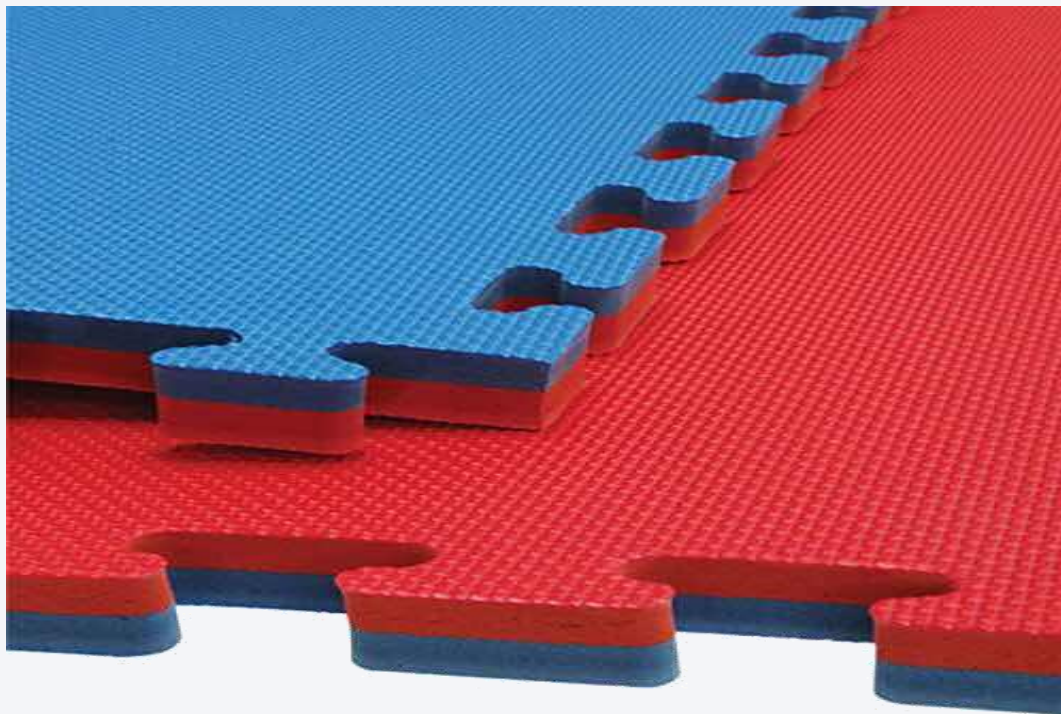


Appendix B



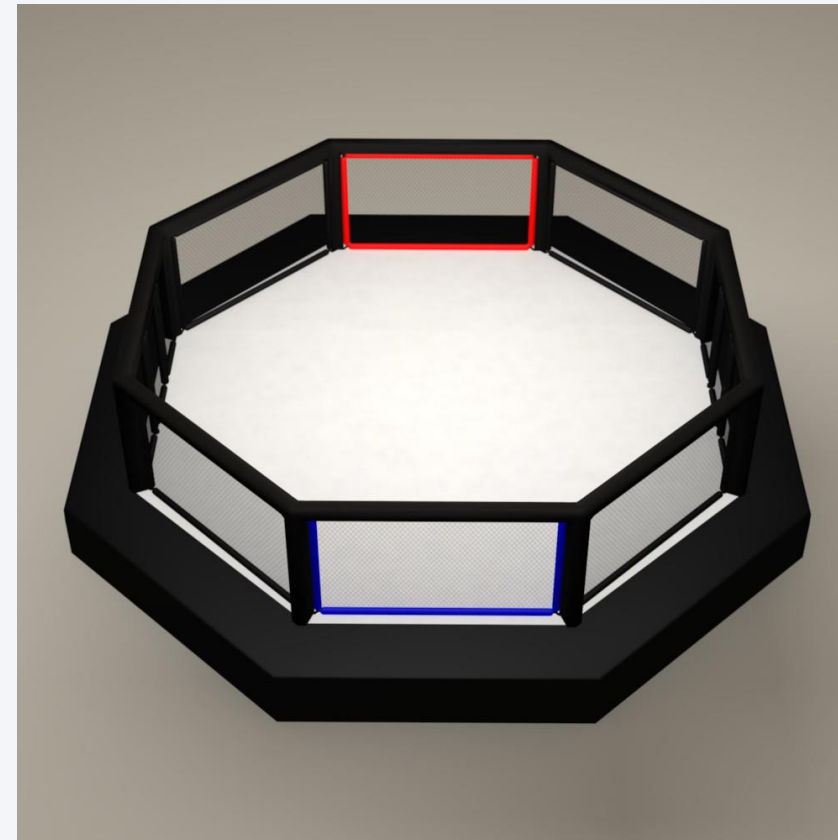


Appendix C





Appendix D





2. Facilities

- 2.6** The facility should have a suitable ventilation system and the average temperature should be 25 degrees Celsius.
- 2.7** Waiting rooms for parents, should be provided (if possible).
- 2.8** There should be a reception desk at the entrance.
- 2.9** Covers should be placed on pillars and exposed concrete structures inside the facility.
- 2.10** (4) Changing rooms for men, and 4 dressing rooms for women if the facility is for both.
- 2.11** (2) toilets for men, and (2) toilets for women, as a minimum.
- 2.12** First aid kits and tools should be provided according to the requirements of the Sports Medicine Federation in the section "Safety".
- 2.13** Storage room for cleaning products.



3. Equipment

3.1 A mirror on one of the opposite walls of the mat should be provided, with a height of 2 m and it must be raised from the surface of the ground, but not mandatory if the facility is for wrestling and MMA only.

3.2 Clothes:

Sport Federation	Minimum Requirement
Taekwondo	Players must wear taekwondo clothing and a belt, with the necessity to secure safety tools for the game during combat, such as (gloves, headguard, chest protector, forearm ounces, leg, tissue, and teeth).
Karate	Players must wear a karate uniform, training aids and protective equipment must be provided, such as, (sandbag, hands guard, foot guards, teeth guard, bodyguard, head guard, and lower area guard)
Wrestling	Members need to wear sportswear. It is preferable to provide some training aids such as ropes, kick pads, but not mandatory.



3. Equipment

3.2 Clothes:

Sport Federation	Minimum Requirement
Judo	The club must provide sale of Judo tools and clothes for each trainee (excluded from the subscription price) from companies approved by the International Judo Federation or accredited agents in the Kingdom, including the following: a suit (white or blue) pants + jacket + belt for judo training during training and competitions.
Mixed Martial Arts	You must wear a sportswear for exercises, gloves, shin pads, teeth protectors, and a groin guard that is specifically made for the sport of mixed martial arts (MMA).

***The approved international companies are below or please contact the Saudi Federation of the relevant federation:**





4. Safety

- 4.1** Approval of the facility from the civil defence and the municipality.
- 4.2** The facility must abide to the health regulations and protocols issued by the Ministry of Health, the Ministry of Sports and the Saudi Game Federation.
- 4.3** The Federation checks the safety of the mat every year to ensure that there are no risks that may cause harm and maintains reports, reviews the commitment of the establishment owner and affects the renewal of membership. The top layer is compressed with high quality sponge which has good absorbing and foaming effect and can protect athletes from harm. The bottom layer is a foamed material with good cushioning effect. The bottom layer has an anti-slip base.
- 4.4** Maintenance of the facility and safety devices must be carried out periodically or in the event of any damage to ensure the facility remains safe.
- * Upon acceptance of the player, the club is required to submit a medical examination stating that the participant is medically fit, and the club bears full responsibility for that.
- 4.6** Attention must be paid to beginners and children and not mixing them with youth, by separating training times for each age group. For example: the training period for young people from 4-6 in the evening and youth from 6-8 in the evening.



4. Safety

4.7 To be in the training suit when on the rug, and shoes are not permitted on the rug.

4.8 Smoking is prohibited

4.9 The presence of the coach and the players in their official sport's suit during training.

4.10 Upon acceptance of the player, the player is required to submit a medical examination stating that the participant is medically fit and the club is held the full responsibility for that.

➤ To obtain it, please fill out the following form (player form): <http://sfsm.org.sa/mos20>

➤ Then fill in the following form (hospital / clinic form): <http://sfsm.org.sa/mos10>

4.11 Having a certified physiotherapist for the team or a valid contract with a clinic from the Saudi Federation for Health Specialties. In the event that a specialist is available but not accredited, one can apply for accreditation by filling out the following form by the Saudi Federation for Sports Medicine (SFSM) <http://sfsm.org.sa/mos30>

****** If needed, SFSM provides a list of physiotherapists. To request, please click on: <http://sfsm.org.sa/mos40>



4. Safety

4.12 First Aid - Provide first aid kit with adequate equipment as it's stipulated here <http://sfsm.org.sa/mos70> as per SFSM's minimum standards, and to have an ambulance car during games & tournaments (if available).

****** For your convenience, we have prepared a ready-made first aid kit, to obtain it please click on the below:

<http://sfsm.org.sa/nafes/>

✓ **Small Bag:** SAR 12,650 (up to 50 persons)

✓ **Large bag:** SAR 14,375 (up to 100 persons)

4.13 Fire alarm system according to the requirements of the Civil Defense



5. Competition

- 5.1** Registering players with the federation and issuing cards and belt certificates according to the list of belts and certificates in the Saudi Federation for the Game.
- 5.2** The coach must submit technical report forms every 6 months, including photos and data for the players.
- 5.3** The club can participate as a team in the internal tournaments (in all categories) approved by the Saudi Federation for the sports season in the event the license is obtained.
- 5.4** Not to hold any tournaments or events related to the game except after obtaining approval from the relevant Federation.
- 5.5** The Saudi Federation has the right to hold events in the headquarters of the private club or rented hall after coordination between the two parties.
- 5.6** The Saudi Arabian Olympic Committee and Federations issues the conditions and instructions regulating the internal and external participations, whether in training camps, tournaments or competitions, and circulates them to the sports federations to work in accordance with them.

B/ Administrative Requirements





6. Membership

6.1 Conditions for membership of the club in the federation:

To obtain membership in the federation, the party that wants to join must apply to the federation, after that the executive management will review the application to make sure that it is completed before it is submitted to the board of directors, and the issue of the decision does not exceed thirty days. In addition, the following must be attached to it:

- 6.1.1** A statement of the names, qualifications and experiences of the technicians and supervisors of the activity and the game
- 6.1.2** A statement containing the existing facilities, stadiums and equipment.
- 6.1.3** Acknowledgment of compliance with the regulations, decisions issued by the Federation.
- 6.1.4** Receipt of payment of the prescribed fee for joining the Federation
- 6.1.5** Any requirements which the Association considers necessary.

- 6.2** The board of directors study the request and issues its decision within thirty days from the date the request was submitted by the executive management of the federation.



6. Membership

- 6.3** The applicant will be notified of the decision of the Board of Directors within fifteen days from the date of approval with the address listed in the application for joining. The Olympic Committee will be provided with a copy of the decision.
- 6.4** The membership applicant will be considered a member of the Federation from the date of the decision of the Board of Directors.
- 6.5** In the event that the application is rejected by the Board of Directors, the decision must be justified, and the applicant for membership has the right to appeal against the decision to the Saudi Olympic Committee within (15) fifteen days from the date of notification of the decision, and the decision shall be final..
- 6.6** If the applicant for membership is not informed of the decision of the board of directors during the periods referred to in the previous paragraphs, he is entitled to raise the matter to the Saudi Olympic Committee.

*** Membership is renewed annually after taking technical opinion from the Federation**



6. Membership

6.7 Conditions for joining / affiliating to a club in the Federation:

- 6.7.1** Participants must be at least 6 years old, except for karate and wrestling they must be at least 8 years old, mixed martial arts participants must be at least 9 years old.
- 6.7.2** That the date of birth is identical to the national identity when registering the trainee.
- 6.7.3** The trainee's guardian must be present in person when applying for registration if they are under the age of 15 years.
- 6.7.4** Set an age group for each training, so that it is defined as a category for juniors and a category for adults at specific times for each training.



7. Fees

7.1 The annual membership fee for each sport is as follows:

Judo:

- New club - The annual fee is free for the first year, and the renewal is (1,500) one thousand and five hundred Saudi riyals
- Currently existing club - The fee is (1,000) one thousand Saudi riyals and to be renewed annually for (1,500) one thousand and five hundred Saudi riyals.

Karate:

- The annual fee for the currently existing club is (2,500) two thousand and five hundred Saudi riyals

Jiu-Jitsu:

- The annual fee is 5,000 riyals and it is renewed on a yearly basis..



7. Fees

7.1 The annual membership fee for each sport is as follows:

Wrestling:

- New club – The annual fee is free for the first two years, and the renewal is (3,500) three thousand and five hundred Saudi riyals
- Currently existing club – The fee is (3,500) three thousand and five hundred Saudi riyals

Mixed Martial Arts:

- The fee for a new club license is free for the first year, and after that it is renewed at an amount of (5,000) five thousand Saudi riyals and renewed annually

Taekwondo:

- The annual fee for a new club license is (2,500) two thousand and five hundred riyals and it is renewed annually



8. Violations & Penalties

8.1 In the event that the conditions and instructions of the Federation are not implemented, the following penalties shall be applied:

8.1.1 A warning is directed to the Academy not to repeat the violation.

8.1.2 In the event of repeated violation, a fine of (2,500) Saudi riyals will be imposed

8.1.3 If the violation is repeated for the third time, a week will be given for correction, and if the correction is not made within a week, the federation suspends the game license and is prohibits practicing for a month. The club will be reopened after correction and the payment the fine X3 to the table below after signing a pledge and then cancelling membership in the game association.

Violations	Penalties
Failure to abide to the trainers' standards	5000 Riyals
Failure to comply with safety standards	10,000 Riyals
Non-compliance with appropriate clothing for exercises	1000 Riyals

THANK YOU